Welcome back to another exciting term at St Teresa’s. I hope you all had a wonderful half term break. We’ve had a good start to the new half term and are looking forward to Maths Week next week. Please remember that Thursday is a dress up day; please see information further down the newsletter.

In the excitement of finishing for the half term, I forgot to congratulate Year 5 Yellow on their truly amazing class assembly on Care of Creation. We were blown away by your talent and creativity and I am patiently waiting for Pope Francis to write back to you. I check the post every day but we’re still waiting. Well done Miss Ryan; you prepared the children brilliantly.

Many of you will remember Mrs O’ Flaherty & Mrs McNicholas who worked at St Teresa’s last year. We’d like to extend our warm congratulations to them both on the safe arrival of their baby boys!

On Wednesday 30th October, the PFA held their AGM. We have 174 families at St Teresa’s and 12 parents attended the meeting. Thank you to those who made the effort to show support for the wonderful work of the PFA. I must extend a heartfelt thank you to our outgoing committee. You have all given years of service to the school and have gone above and beyond to ensure that our children have the added extras schools budgets cannot provide. Unfortunately, without continued fundraising from the PFA, it is likely that there will be no more development of our playground, no social and school community events and no added extras for the coming year. A committee was not elected on Wednesday night and we simply cannot afford to be without an active PFA. I will send a more detailed letter next week explaining the role of the PFA, the work that they do and where the money raised goes. Hopefully, we can work together to ensure that this valuable element of our school community is not lost.

Today is the feast of All Saints. It is an opportunity for us to remember all saints and martyrs, known and unknown, throughout Christian history. Perhaps you could choose a saint to discuss over the weekend. Is there a saint that is special to your family? Many people pray to the patron saint of their home country. It would be lovely to share this with your children.

Have a wonderful weekend.

Mrs Thornton

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**Attendance week ending 31st October 2019**

<table>
<thead>
<tr>
<th>Class</th>
<th>% Attendance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nursery</td>
<td>94.5%</td>
</tr>
<tr>
<td>RB</td>
<td>95.4%</td>
</tr>
<tr>
<td>RY</td>
<td>99.2%</td>
</tr>
<tr>
<td>1B</td>
<td>99.5%</td>
</tr>
<tr>
<td>1Y</td>
<td>100%</td>
</tr>
<tr>
<td>2B</td>
<td>98.7%</td>
</tr>
<tr>
<td>2Y</td>
<td>95.2%</td>
</tr>
<tr>
<td>3B</td>
<td>96.3%</td>
</tr>
<tr>
<td>3Y</td>
<td>97.3%</td>
</tr>
<tr>
<td>4B</td>
<td>99.2%</td>
</tr>
<tr>
<td>4Y</td>
<td>96.3%</td>
</tr>
<tr>
<td>5B</td>
<td>97.5%</td>
</tr>
<tr>
<td>5Y</td>
<td>98.3%</td>
</tr>
<tr>
<td>6B</td>
<td>98%</td>
</tr>
<tr>
<td>6Y</td>
<td>99.2%</td>
</tr>
</tbody>
</table>

Congratulations to Year 1 Yellow for 100% attendance this week

**Autumn 2**

**Quote from St Therese**

*Miss no single opportunity of making some small sacrifice, here by a smiling look, there by a kindly word: always doing the smallest right and doing it all for love.*

---

**ST. TERESA’S CATHOLIC PRIMARY SCHOOL & NURSERY**

‘Living, Learning, Growing in Jesus’

Headteacher: Mrs L Thornton

Long Elmes, Harrow Weald, Middlesex, HA3 6LE

Tel: 020 8428 8640  Fax: 020 8420 1571  Email: schooloffice@st-teresas.harrow.sch.uk

www.st-teresas.harrow.sch.uk
Praying the Rosary
The month of October is a traditional time to pray The Rosary: a set of prayers to God, our Lady and the Holy Spirit.
Children have been learning that, after reflecting on a passage of scripture (called a ‘mystery’), we say a set of prayers (called a ‘decade’) including the Our Father, ten Hail Marys and a Glory Be. We use the beads of the rosary to help us keep count, but fingers can work too! You might like to pray the rosary with your child this October:

<table>
<thead>
<tr>
<th>Our Father</th>
<th>Hail Mary</th>
<th>Glory Be</th>
</tr>
</thead>
<tbody>
<tr>
<td>Our Father who art in heaven, hallowed be thy name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. Amen.</td>
<td>Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women and blessed is the fruit of thy womb: Jesus Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.</td>
<td>Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be, world without end. Amen.</td>
</tr>
</tbody>
</table>

Autumn 2
Growth Mindset Mantra
It’s not about being the best; it’s about being better than you were yesterday

SENSORY GARDEN
Thank you so much for all the kind donations to our Sensory Garden, so far we have collected £359.75.

We still have a long way to go so if you would like to help, please bring in your donations to the School Office, not forgetting to leave your family name so that we can put it on a pebble which will be displayed near the gardens.

Sometimes God works secretly and behind the scenes, but He will reveal His work to us when the time is right.
FLIPPING YOUR LID

You may have heard your child/children talking about ‘Flipping their lid’. This is because we recently had an assembly about it.
The term ‘flipping your lid’, relates to times when our children or maybe we have not been able to regulate our emotions. When this happens to children we might experience them as having a tantrum or being so emotional they cannot calm down. When this is happening, it is due to a change in the brain, the ‘feeling brain’ cannot connect to the ‘thinking brain’.
When we can’t access the ‘thinking brain’ – we have ‘flipped the lid’. Without the thinking brain we cannot make ‘good decisions’ and children may behave in ways that they wouldn’t usually – like being very angry or frustrated.
The best way to help children not to ‘flip their lid’ is for them to understand what is happening in their brain, then they realise it is not their fault. You can help them by understanding what triggered them and finding ways that help them to feel calmer. When they calm down their ‘thinking brain’ has reconnected to their ‘feeling brain’ and they will be able to communicate better.
Children are still learning how to do this, even adults ‘flip their lid’ – being patient and kind will help your child feel calmer.
Discuss your understanding about this with them, so that they feel safe to tell you how it feels for them. If you want further information you can go to: https://www.booklibrarian.com/pdfepub/the-whole-brain-child-workbook
MATHS WEEK
Monday 4th November – Friday 8th November is Maths Week at St Teresa’s! We have lots of fun activities planned!
On Thursday 7th November, it is our Outdoor Classroom Day!
We are combining the two events. Children may come to school dressed in a Maths inspired outfit on Thursday 7th November! No money is required.
Some ideas: clothing with a number or shape; dress as a Rock Star (for out TT Rock Stars!); clothing with repeated patterns. We’re sure you can think of even more creative ideas!
We look forward to celebrating all things mathematical on Outdoor Classroom Day!

Rua’s News
I’m so excited to be back at school. The playground looks wonderful; the workers have been busy over the holidays.
Thank you to Year 4 children for my walks this week; I’ve loved our adventures. It’s getting much colder though. Maybe Mrs Thornton needs to buy me a new school coat.

REMINDER
Please remember to keep your ParentPay for School Lunches in credit by at least £2.20 otherwise, due to our new system, we cannot order your child a school lunch. The Office will do their upmost to contact you to remind you to top up the account, but if we do not receive a response, one of our staff will get your child, toast, fruit and a drink.

GOVERNOR FUND PAYMENTS
If you have paid your Governor’s Fund by Direct Debit, your balance on ParentPay may not reflect this. This is because we only receive bank statements quarterly.

YEAR 1 & 2 MULTI-SKILLS AFTER SCHOOL CLUB
Coach Dan is starting a multi-skills club for children in Year 1 & 2 on Wednesdays, 3.30 - 4.30.
Activities will include ball skills, fundamental movements & ABCs (agility, balance, coordination), gymnastics and more! Limited places are available, please see your ParentPay account for details.
Notice Board

Poppy’s on sale in School Office

We raised a fabulous £294.93 – THANK YOU

Supporting
WE ARE MACMILLAN.
CANCER SUPPORT

We raised at fantastic £365.33

Flu sprays on 28th November, don’t forget to return your permission form

Payments overdue for Aladdin Pantomime for Reception, Year 1 and Year 2.
Wintershall for Year 6, JCA for Year 6.
Please go onto your ParentPay to pay for these trips

SCHOOL PHOTOS
Individual and sibling photographs to be taken on 15th November. Class photos in April 2020

Playworkers wanted for lunchtimes. Please call School Office for details.

Follow us on Twitter…
https://twitter.com/stteresasharrow
Cauliflower Christmas Project

Raising money for our school PFA!

Dear Parents/Carers,

Your children have been busy at school creating Christmas scenes. These can be made into Christmas cards, gift labels, wrapping paper and mugs by a company called Cauliflower Cards.

Today your child should have brought home their artwork with an order form. If you would like to order any items with your child’s artwork, the order form will give you details on how to order online.

All you need to do is:

1. Log onto the website and order online. Please note that the website is only available through Google Chrome.
2. Tick the order form to confirm that you have placed an online order.
3. Return the artwork to the class teacher so that it can be sent off.

Artwork will need to be returned to the school by Monday 11th November at the latest. Online orders close on Monday 11th November.

Funds raised by this project will go to the PFA and will help to pay for our amazing garden which is currently being installed on the main playground.

Many thanks,

Mrs Kirton
TERM TIME ABSENCE

As you are aware, the school is not permitted to authorise term time holidays. This is the law. If you do take your child on holidays during term time, you may be issued with a Fixed Penalty Notice from the Local Authority. This fine is £60 per child, per parent. The fine is issued by the Local Authority, not the school. Failure to pay the fine in good time results in the fine being doubled. Failure to pay the increased costs will result in court proceedings.

Last academic year we issued 11 Fixed Penalty Notices to families in our school. Please do not ask for permission to take your child on holiday during term time. By law, the answer has to be no and we don’t want to be in a position where we have to issue fine notices on behalf of the local authority.

SICKNESS

From time to time, children become ill. If your child is very unwell, they should not be in school. Children who are vomiting or have had diarrhoea should be kept at home for 48 hours after their last episode. A slight sore throat, cough or cold is not a reason for absence. Parents of children who are persistently ill and who’s attendance falls below 90% may be asked to provide medical evidence for absence.

Thank you for your continued co-operation.

Mrs L Thornton

DEALING WITH CONCERNS OR QUERIES

We want to ensure that your child has the best possible experience at our school. From time to time, you may have some concerns or queries. Please bring them to or attention quickly so that we can deal with any issues and come up with a positive solution for your child.

Firstly, make an appointment to talk to your child’s teacher or see them at the Teacher Drop Ins on the last Wednesday of every month. The teacher will then investigate the concern and discuss the outcome with you. If you are not happy with the outcome and want to take the matter further, the next step would be:

Secondly, make an appointment to see the Senior Leader in charge of your child’s phase and discuss the matter with them.

Senior Leaders are responsible for the following year groups:
Mrs Vince Nursery & Reception Mrs Kirton Year 1 & 2
Miss Devery Year 3 & 4 Mrs Conboy Year 5 & 6

Thirdly, if your concern/complaint has still not been met or it doesn’t directly apply to your child, please see Mrs Johnston in the School Office.

The schools Complaints Policy can be seen on our website.
PFA DATES - 2019

29.11.19
BABYSITTING NIGHT
Details to be confirmed

6.12.19
CHRISTMAS SOCIAL
The PFA urgently need help from you

PFA News
Follow us on Facebook!
St Teresa’s PFA - Harrow

BONUS BALL
NUMBERS ON SALE
MONDAY - FRIDAY £1.00 PER NUMBER
IF YOUR NUMBER IS THE BONUS BALL FOR THE SATURDAY
MAIN DRAW YOU WIN
£25.00 -
the balance goes to the PFA Fund Raising Account

SEE TRINA FOR YOUR NUMBERS
# Dates for your diary

Please check on a weekly basis as dates may change.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Autumn Term 2019</strong></td>
<td></td>
</tr>
<tr>
<td>4th November</td>
<td>Maths Week</td>
</tr>
<tr>
<td>5th November</td>
<td>Reception Parent’s Meeting 3.45 – 4.30 in Restaurant</td>
</tr>
<tr>
<td>7th November</td>
<td>Outdoor Classroom Day – Maths dressing up day.</td>
</tr>
<tr>
<td>8th November</td>
<td>Year 4 Yellow Assembly at 2.40pm – parents welcome</td>
</tr>
<tr>
<td>11th to 15th November</td>
<td>Anti-Bullying Week</td>
</tr>
<tr>
<td>12th November</td>
<td>Year 5 Parent’s Meeting 3.45 – 4.30 in Restaurant</td>
</tr>
<tr>
<td>14th November</td>
<td>Odd Socks Day – wear Odd Socks &amp; bring £1</td>
</tr>
<tr>
<td>15th November</td>
<td>School Photographs</td>
</tr>
<tr>
<td>18th November</td>
<td>Parent’s Coffee Morning 9am</td>
</tr>
<tr>
<td>18th – 22nd November</td>
<td>Road Safety Week</td>
</tr>
<tr>
<td></td>
<td>School Council Fundraising Week</td>
</tr>
<tr>
<td>19th November</td>
<td>Year 3 Parent’s Meeting 3.45 – 4.30 in Restaurant</td>
</tr>
<tr>
<td>21st November</td>
<td>Own Clothes Day – School Council Charity Week</td>
</tr>
<tr>
<td>25th November</td>
<td>Dyslexia Parent’s Workshop @ 2.30pm in School Hall</td>
</tr>
<tr>
<td>27th November</td>
<td>Bedtime Story Evening (Reception – Year 3) 4.30pm – 6pm</td>
</tr>
<tr>
<td>28th November</td>
<td>Flu spray</td>
</tr>
<tr>
<td>2nd December</td>
<td>Advent Mass Yr5 at St Theresa’s Church (Yr 3 &amp; 4 to attend) – parents welcome Year 4 Reconciliations</td>
</tr>
<tr>
<td>3rd December</td>
<td>Year 6 Pantomime Trip – Sleeping Beauty at Watford Palace Theatre</td>
</tr>
<tr>
<td>3rd December</td>
<td>Nursery pm and Reception Blue Christmas Play 2pm</td>
</tr>
<tr>
<td>5th December</td>
<td>Nursery am and Reception Yellow Christmas Play 10am</td>
</tr>
<tr>
<td>6th December</td>
<td>PFA Christmas Social tbc</td>
</tr>
<tr>
<td>6th December</td>
<td>Deadline for Autumn Data</td>
</tr>
<tr>
<td>9th December</td>
<td>School Choir at Harrow School’s Carol Service, 6.30pm</td>
</tr>
<tr>
<td>11th December</td>
<td>Year 1 &amp; Year 2 Christmas Play 2pm</td>
</tr>
<tr>
<td>12th December</td>
<td>Year 1 &amp; Year 2 Christmas Play 9.30am</td>
</tr>
<tr>
<td>13th December</td>
<td>Year 5 Reconciliations</td>
</tr>
<tr>
<td>16th December</td>
<td>Year 6 Reconciliations</td>
</tr>
<tr>
<td>17th December</td>
<td>Own Clothes Day – this half term’s Winning House</td>
</tr>
<tr>
<td>18th December</td>
<td>Year 1 &amp; Year 2 Pantomime trip – Harrow Art Centre</td>
</tr>
<tr>
<td>18th December</td>
<td>Year 3 &amp; Year 4 Carol Service at St Teresa’s Church 6.30pm</td>
</tr>
<tr>
<td>19th December</td>
<td>Christmas Dinner and Christmas Jumper Day</td>
</tr>
<tr>
<td></td>
<td>Christmas Party Day</td>
</tr>
<tr>
<td>19th December</td>
<td>Year 5 trip to Wintershall</td>
</tr>
<tr>
<td>20th December</td>
<td>Christmas Assembly 9.30 – whole school</td>
</tr>
<tr>
<td>Friday 20th December</td>
<td>Term ends at 1pm</td>
</tr>
</tbody>
</table>
# Term & Holiday Dates 2019/2020

## Autumn Term 2019

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 2nd September 2019</td>
<td>Inset Day 1 - no school for children</td>
</tr>
<tr>
<td>Tuesday 3rd September 2019</td>
<td>Inset Day 2 - no school for children</td>
</tr>
<tr>
<td>Wednesday 4th September</td>
<td>Autumn Term 1 Begins - Nursery &amp; Reception start dates will vary – parents will be notified individually</td>
</tr>
<tr>
<td>Friday 18th October 2019</td>
<td>Half Term Ends - at normal time</td>
</tr>
<tr>
<td>Monday 21st October 2019</td>
<td>Half Term Holiday - to Friday 25th October 2019</td>
</tr>
<tr>
<td>Monday 28th October 2019</td>
<td>Autumn Term 2 begins</td>
</tr>
<tr>
<td>Friday 20th December 2019</td>
<td>Term Ends - at 1pm</td>
</tr>
<tr>
<td>Thursday 19th December 2019</td>
<td>at normal times for Nursery children</td>
</tr>
</tbody>
</table>

## Spring Term 2020

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 6th January 2020</td>
<td>Spring Term 1 Begins</td>
</tr>
<tr>
<td>Friday 14th February 2020</td>
<td>Half Term Ends - at normal time</td>
</tr>
<tr>
<td>Monday 17th February 2020</td>
<td>Half Term - to Friday 21st February 2020</td>
</tr>
<tr>
<td>Monday 24th February 2020</td>
<td>Inset Day 3 - no school for children</td>
</tr>
<tr>
<td>Tuesday 25th February 2020</td>
<td>Spring Term 2 begins</td>
</tr>
<tr>
<td>Friday 3rd April 2020</td>
<td>Term Ends - at 1pm</td>
</tr>
<tr>
<td>Thursday 2nd April 2020</td>
<td>at normal times for Nursery children</td>
</tr>
</tbody>
</table>

## Summer Term 2020

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 20th April 2020</td>
<td>Summer Term 1 begins</td>
</tr>
<tr>
<td>Monday 4th May 2020</td>
<td>School’s 50th Anniversary occasional day off</td>
</tr>
<tr>
<td>Friday 8th May 2020</td>
<td>VE Day Anniversary - May Day changed to coincide with VE Day anniversary</td>
</tr>
<tr>
<td>Thursday 21st May</td>
<td>Nursery Closed for Induction Day 1</td>
</tr>
<tr>
<td>Friday 22nd May</td>
<td>Nursery Closed for Induction Day 2</td>
</tr>
<tr>
<td>Friday 22nd May</td>
<td>Half Term Ends - at normal time</td>
</tr>
<tr>
<td>Monday 25th May 2020</td>
<td>Half Term - to Friday 29th May 2020</td>
</tr>
<tr>
<td>Monday 1st June 2020</td>
<td>Inset Day 4 -</td>
</tr>
<tr>
<td>Tuesday 2nd June 2020</td>
<td>Summer 2 Term begins</td>
</tr>
<tr>
<td>Friday 17th July 2020</td>
<td>Terms Ends - at 1pm</td>
</tr>
<tr>
<td>Thursday 16th July 2020</td>
<td>at normal times for Nursery children</td>
</tr>
<tr>
<td>Monday 20th July 2020</td>
<td>Inset Day 5 - no school for children</td>
</tr>
</tbody>
</table>
Does your child have dyslexia?
Or are you worried they are showing tendencies?
Come along to our parent workshop

**When:** Monday 25th November 2019
**Where:** In the school hall
**Time:** 2.30pm
**Focus:** Signs of dyslexia and how to support your child at home.
IMPORTANT SCHOOL ADMISSIONS INFORMATION
IF YOU ARE A HARROW RESIDENT AND YOUR CHILD IS
DUE TO START IN PRIMARY IN SEPTEMBER 2020

PRIMARY SCHOOL
CHILDREN BORN BETWEEN
1 SEPTEMBER 2015 AND 31 AUGUST 2016

You need to apply for a reception place. Please apply:

- Online at www.eadmissions.org.uk
- Computers with internet access are available to use free of charge at the Civic Centre

CLOSING DATE FOR APPLICATIONS IS
WEDNESDAY, 15 JANUARY 2020

APPLYING ONLINE IS EASY AND YOU GET AN INSTANT ACKNOWLEDGEMENT THAT YOUR APPLICATION HAS BEEN RECEIVED. YOU WILL ALSO RECEIVE AN EMAIL WITH THE OUTCOME OF YOUR APPLICATION ON OFFER DAY.

For details go to www.harrow.gov.uk/schooladmissions

For help and advice on how to complete your application please email schooladmissions@harrow.gov.uk

Workout smarter not harder
Metabolic training to increase metabolism & burn fat more efficiently!

JOIN THE 24FIT COMMUNITY BOOTCAMP CHALLENGE

4 Week challenge includes:
- 12 classes of physical training
- Fitness evaluation & coaching
- Free wellness assessments and nutrition advice
- Open to everyone, of all abilities and all ages

SHAPE UP Headstone!!!
Contact us now to reserve your place

Tel: Andy on 07946527143, Dorina on 07739518260
It’s ONLY £12 in total no excuses, BE THERE!

Classes held at St Teresa’s Catholic Primary School, Long Elms, HA8 6LE
St Teresa’s Catholic Primary School & Nursery

School Tour for New Parents

School Tour dates for Reception applications.

13th November at 2pm
8th January 2020 at 2pm
14th January at 9.15 - last tour

We would strongly advise parents to attend during the school day to really see the school in full swing! Our children are wonderful; it’s not the same when they are gone in the evening!

Please contact the School Office on 020 8428 8640 to book a place on the tour.
Monday

Maths and English
4:30 – 5:00pm
Ages: 9 – 15

What’s My Future?
5:00 – 7:00pm
Ages: 15 – 19/25

Jnr Youth Club
5:00 – 7:00pm
Ages: 9 – 15

Tuesday

Parenting Programme
10:30am – 12:30pm
Specific dates – Please book

Gym Sessions
3:30 – 5:00pm
Ages: 14 – 19
Please book

Create and Design
4:00 – 5:30pm
Ages: 9 – 15

Mental Toughness
5:30 – 7:00pm
Ages: 9 – 19/25
Specific dates – Please book

Snr Youth Club
& Studio Session
6:00 – 8:00pm
Ages: 15 – 19/25

Wednesday

Learn to Cook
4:00 – 5:30pm
Ages: 14 – 19/25
At the Garage – Please book

Drama
4:00 – 5:30pm
Ages: 9 – 15

Mental Toughness
YOT referrals only
5:30 – 7:00pm
Ages: 9 – 19/25
Specific dates – Please book

Harrow Youth Parliament
6:00 – 8:00pm
Ages: 11 – 19/25
At Harrow Civic Centre – Please enquire

Thursday

Gym Sessions
2:00 – 5:00pm
Ages: 14 – 19
Please book

Drop In
4:00 – 5:30pm
Ages: 9 – 15

Managing Emotions
5:30 – 7:00pm
Ages: 9 – 19/25
Specific dates – Please book

UNITY+
6:00 – 8:00pm
A youth LGBTQ+ group for allies too (9 – 19/25 years)

Friday

Gym Sessions
2:00 – 5:00pm
Ages: 14 – 19
Please book

Made It!
4:00 – 5:30pm
Ages: 9 – 15

Saturday

Jnr Youth Club
11:00am – 1:00pm
Ages: 9 – 15

All For One – SEN Youth Club
1:00 – 3:00pm
Ages: 16 – 25

Snr Youth Club
6:00 – 9:00pm
Ages: 15 – 19/25

Harlow Early Support
Youth Offer – Term Time
Wealdstone Youth Centre
9th September – 19th December 2019
21st – 25th October half term will have a separate timetable
9 – 19 years / up to 25 year olds with SEN
38 – 42 High Street, Wealdstone,
Harrow, HA3 7AE
Enquiries or to book: 0208 416 8667

Early Support
Small Steps – Lasting Change

Wi-Fi – Arts and Crafts – Studio – Table Tennis – TV – Gaming – Pool – Foosball – Mac Computers – Chill Out

Motivating Our Teens To Learn
A workshop for all parents of teenaged children

As a parent it can be exciting and satisfying seeing our children grow into unique individuals and also challenging if we see them struggling or disinterested with school. We will discuss how to support our Teens sustain the joy of learning in the face of any possible struggles and frustrations.

Topics include:
- Taking an interest
- Positive communication
- Encouraging self-discipline
- SMART Expectations
- Natural rewards and consequences

Date: Tuesday 10th December 2019
Time: 7.00–9.00pm
Venue: 64 Pinner Road,
Harrow, Middlesex HA1 4HZ
Cost: £15.00 / £7.50 concession (with proof)

To book a place please call 0208 863 7319
Or Email: info@hopeharrow.org.uk

www.hopeharrow.org.uk Charity Registration Number: 1091703
Delivered in partnership with Adult, Community & Family Learning, Harrow Council