What to bring: Below is an extensive list of what to bring. Please ensure that children bring old clothes which are named and that they wear plenty of layers eg vest, t-shirt, jumper, coat. Please also allow the children to pack their own suitcases with you so that they are aware of exactly what is in there.

- **All children need a warm sleeping bag and a pillowcase.** (pillows provided)
- **Old, warm clothes** which can get dirty (no jeans for activities as they become very heavy and take too long to dry).
- **Trousers and long sleeves** required for several activities even if it is warm.
- **1 set of clothes to wear on Wednesday**

  *Please pack 4 other full sets of clothes to cover Thursday and Friday, including underwear.* (They may not all get worn but it allows for having to change if they get particularly wet or muddy during an activity).

- **Waterproof jacket and trousers**
- **Spare clothes for water activities in case you fall in!**
- **2 towels**
- **Spare plastic bags and bin liners for wet clothes**
- **2 pairs of old trainers or walking boots** - wear one pair and pack another (No wellies or loose footwear like flip-flops or sandals) - wellies are provided when required
- **A hat / cap** depending on the weather
- **Sun cream** (depending on the weather)
- **A drink bottle** which can be refilled
- **A small case / bag for the bulk of your clothes (1 main case only please)**

  *A small bag for any extras like your lunch for Wednesday and paper and pencil maybe for the coach. (If having sandwiches on Wednesday, please send them in a plastic bag which can be thrown away. School dinners available as normal)*

- **Toiletries!** Shampoo, body wash, toothpaste and toothbrush. You will be wet, muddy and stinky at times!
- **Pyjamas** or equivalent to sleep in (long sleeved) - there are radiators in the rooms but it can get cold. Please also bring a pair of **slippers for indoor use.**
- **There is no gift shop and no other opportunities to spend money so please don’t bring any!**
- **We don’t encourage cameras as we will have plenty of school cameras and we can print photos for you. If you are desperate to bring a camera, it needs to be a cheap, disposable one, labelled with your name.**
- **No phones, any other electrical goods or any other expensive items allowed. There is very limited free time and nowhere secure to leave them. Anything found will be held by an adult until after we return home.**
- **No sweets or any other food! It is all provided with plenty of choice available.**
- **A book, playing cards, colouring or other quiet game**
- **Teddy bear**

  *Please label everything*

If you have any further questions, please contact a member of staff.

Mrs K Mulrain