Dear Parents/Carers,

Due to the success of the “Family Fitness and Fun” programme we will be starting it again on Thursday 14th September for six weeks.

The programme is aimed at children in KS2 with their families. It will take place in school each Thursday starting at 3.15pm and finishing at 4.15pm.

There are places for up to 12 families to join Miss Morrison and Miss Kearns to have lots of fun and get fit in the process!

Activities will include:
- Healthy eating/cooking/lunches
- Family games and fitness
- Confidence building
- Family team building

This is a great opportunity for you to spend quality time with your children and have lots of fun. If you would like to take part please complete the slip below and return to school tomorrow. Places will be given in order of response.

Thank you for your continued support.

Yours faithfully,

Mrs P Roberts
Headteacher

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Family Fitness and Fun Programme September 2017

I would like my family to take part in the family fitness and fun programme each Thursday for six weeks.

Childs Name………………………………………………………….Class……………………

Signature……………………………………………………………Date………………

[Parent/Carer]