Getting Help Recording Sheet

Read the case study you have been given, discuss your answers to the questions below and then record your thoughts.

What was happening to the person in the case study?

What were the effects of the cyberbullying they experienced?

What help did they get and how?

What have you learnt from their story?

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association Programme of Study.