Rationale
As Relationships and Sex Education (RSE) is to be made statutory in 2019, the title of this policy puts ‘Relationships’ as its focus. At South Wellfield First School we focus on relationships, equality, friendships, family life, communication, safety, respect, trust and caring for others as part of school life. Details about life cycle and reproduction are included in our RSE scheme and are also addressed in the Science curriculum.

RSE contributes to the social, moral and cultural development of children and provides an open and safe environment for children to learn about positive relationships, to value and respect themselves and others and to make responsible and reasoned choices.

Our school believes that:
RSE is about lifelong learning including physical, moral and emotional development.

Aims and objectives
The objectives of relationship and sex education is to help support young people through their physical, emotional and moral development. We aim to provide the children with information about relationships and sex education which is accurate, up to date, honest and age appropriate. In order to make health informed decisions, we believe in a whole school approach to RSE.

We aim to develop in our pupils an understanding of the physical, biological, emotional, social, spiritual, legal and moral aspects of sex and sexuality. We teach RSE within the wider context of building self-esteem, emotional well-being, relationships and healthy lives beginning in the early years through to year 4. This prepares our pupils for the opportunities, responsibilities and experiences of adult life.

Examples include
Attitudes and Values
• to learn the value of respect, love and care
• to learn to value and respect ourselves and others
• to develop an understanding and valuing of diversity
• to promote a positive attitude to healthy lifestyles and keeping safe
• to develop an understanding of the value of family life and an appreciation of the many different types of family.

Personal and Social Skills
• to learn how to identify and manage emotions confidently and sensitively
• to develop self-respect and empathy for others
• to develop communication skills with peers, school and family
• to learn how to assess risk and to develop strategies for keeping safe
• to develop the ability to give and receive help
• to develop an understanding of difference and the absence of prejudice.

Knowledge and Understanding
• to recognise and name the main external parts of the body
• to know the basic rules for keeping themselves safe and healthy
• to know who can provide help and support
We aim to:
Provide opportunities for the children to develop a range of social and personal skills, which will equip them to deal with sex and relationships and other related issues effectively:
- communication
- self – esteem
- decision making
- problem solving
- self discipline
- respect for themselves and others

Enable the children to:
- To develop their confidence and responsibility and make the most of their abilities
- To develop mutual respect and understanding of others and being able to talk about and deal positively with their emotions and feelings.
- To learn about different types of family and the importance of family life, with the emphasis on the importance of commitment, love and respect
- To respect differences between people and challenge discrimination and prejudice
- To be safe from abusive relationships and exploitation and recognise potential risks and know how to manage them (child sexual exploitation)
- To be aware of the 'No Pants' rule and have access to NSPCC information and child friendly medium such as 'Pantasaurus' throughout school
- To learn about life cycles and the physical development of their bodies as they grow into adults using correct terminology
- To be able to make informed choices that enable them to live a healthy and safe lifestyle and recognise their responsibility for their own actions
- Recognise some of the possible difficulties in relationships including loneliness, separation, divorce and bereavement
- Understand they have the right to feel and be safe and have the confidence to ask for help and know who they should go to if they feel unsafe

Content

RSE through Science curriculum.
All aspects of the science curriculum relating to SRE are statutory. This includes
KS1:
- That animals and humans grow and reproduce
- To recognise and name the main external parts of the body
- To recognise similarities and differences between themselves and others
- That humans produce offspring and these grow into adults

KS2
- The life processes common to humans including growth and reproduction
- The main stages of the life cycle

RSE through other subjects
- RSE will also be covered in other subjects especially RE and English. This will mainly take the focus of dealing with emotions and building healthy relationships.
RSE through PSHE curriculum
RSE is covered as a discrete scheme from Foundation stage through to Year 4.

The PSHE curriculum includes a whole school approach to SEAL (Social and Emotional Aspects of Learning) which is followed from whole school Assemblies and throughout years Reception- to Year 4.

Our Healthy School week may incorporate some elements of RSE such as having a healthy working relationship, working as a team and helping others.

Assessment of learning
We will assess pupils through SEAL assessment books and discrete assessment of specific SRE strands such as body parts, puberty and life cycles.

Organisation
We teach RSE in a variety of ways:
- Circle time
- SEAL work
- Assemblies
- Discrete subject
- Outside visitors
- School trips

Questions
- All questions will be answered within the following framework
- Worry boxes may be used within RSE lessons and be available for all pupils to use at any time
- Correct and appropriate terminology will be used
- It is inappropriate for both teachers and children to answer personal questions
- Staff are encouraged to answer all questions related to the agreed scheme of work, but will use their professional judgement to decide whether an appropriate response should be given to the whole class, one to one, referred home or dealt with by a senior member of staff (possible safeguarding issues)
- Staff will give factual information and not personal views
- In support of equal opportunities staff will challenge discrimination and stereotyping
- Staff will support children to understand that people hold different points of view and that there is not always one clear and correct answer

Entitlement
All children are entitled to an RSE programme that is part of an integrated programme of health education. This will recognise and respect pupils’ different abilities, levels of maturity and personal circumstances and differentiate lessons accordingly. Group and individual programmes will be provided for vulnerable children.
Confidentiality
Confidentiality will be maintained unless a child is at risk or in danger. If a member of staff believes a child is at risk or in danger they must talk to the Headteacher or designated child protection officer before a decision is made.
If there is to be a breach in confidentiality, the child concerned will be informed that confidentiality is being breached and the reason why. The child will be supported by the staff throughout the process.

Safeguarding
All staff will adhere to the Safeguarding policy if they believe a child is at risk or in danger. All staff have been briefed about issues relating to Child Sexual Exploitation and recognise the importance of RSE to enable children to keep themselves safe. Staff are aware of the schools responsibility to protect children.

Equal Opportunities
South Wellfield First School is committed to equality in all aspects of school life.

Dissemination of the policy
A copy of the policy is made available to all parents through the website and members of staff. The policy has been agreed by Governors.

Monitoring and evaluating
The RSE policy will be subject to monitoring and evaluation by the PHSE co-ordinator to ensure effectiveness and progression. This may take the form of:
- Talking to staff and observing displays in the classroom
- Talking to children
- Reviewing any new guidance

Links with other policies
RSE has links with the whole school curriculum through the skills, knowledge and understanding that are being developed. Our school aims and some policies have direct links with RSE.
- Teaching and learning policy
- PSHE and citizen policy
- Anti bullying policy
- Science policy
- RE policy
- Equal opportunities policy
- Safeguarding policy

Policy to be reviewed November 2020