Green Spot

If you are upset and want to say something, but not in public, you can put a green spot on your hand and show the teacher. The teacher then will automatically know you are not feeling right. Then will speak to you privately.

The Worry Box

The worry box is placed outside of the hall. If you have any worries you can write it down and pop it in the box. It can be anonymous if it helps. The teachers check it regularly.

Children's Rights

Article 19 says that you should not be harmed and should be looked after and kept safe.

Prendergast C.P. School

Children’s Anti-Bullying Policy
Different Types of Bullying

Verbal bullying - when you call people names you insult people with words.

Physical Bullying - includes hitting, kicking, tripping, pinching and pushing other people.

Social Bullying - lying and spreading rumours, mimicking unkindly and playing nasty jokes to embarrass.

Cyber Bullying - nasty gossip or rumours on the internet abusive texts or email.

Remember - Bullying is a constant thing, not just a one off, or a little argument.

Who Can I Tell?

➢ A friend
➢ A Wellbeing Keyworker:
  - Mrs Morris
  - Mr Golding
  - Mrs Reynolds
➢ A trusted adult
➢ Teachers
➢ Family Members
➢ Call Childline - 0800 1111

R.P.

R.P. is Restorative Practice. With R.P. you are given a set of questions that you have to answer and solve.

Check In, Check Out 3 times a day!