Hello and welcome to the Summer Activities Bulletin from the Families in Focus team.

We thought this information looked interesting and that you might find it helpful. Please feel free to pass onto others.

We would greatly welcome information from your own organisations. This edition is going out to over 600 recipients and so is a good way of getting your information out there. Due to new GDPR regulations we are no longer able to advertise anything that has a cost attached to it. We will be sending out regular bulletins approximately every two months, so please send anything for our next issue to: caroline.donald@bristol.gov.uk

Families in Focus takes no responsibility for the accuracy of the information in the bulletin. Responsibility rests with the individual agencies which have provided us with this information.

Inclusion into this bulletin does not mean that Bristol City Council endorses the services included.

We cannot guarantee to include everything but will prioritise information on services or activities that practitioners will find useful in their organisation or to pass on to families.
Activities for young people

- Summer holiday activities for young people
  Hartcliffe and Withywood Community Partnership

- Jump Studios
  Knowle West Media Centre

- Free Cricket Sessions
  Wicketz

- Summer trips for disabled children and young people
  Time 2 Share

- Healthy Lifestyles Programme
  Alive N Kicking

- SEND friendly opening at SS Great Britain
  SS Great Britain Trust

- Holiday Activity Clubs at: The Park/Bedminster Down Secondary School/Bridge Learning Campus
  Youth Moves

- Short breaks for children/young people with SEND/disabilities
  WECIL

- The Infinity Programme Pilot
  Jubilee Sailing Trust/British Explorers Society

- Open Day – Be creative!
  Access Creative College

- Taster Days – Access to Achievement
  A2A

- Get started with animal care
  Princes Trust

- South Youth Sessions
  Creative Youth Network
Activities For Children and Families

- Hartcliffe Summer Fun Day
  HWCP

- Bristol Harbourside Festival
  Unique Voice

- Holiday programmes
  Unique Voice

- Mischief Makers
  Bristol Libraries

- Maker Day
  Knowle West Media Project

- Tea and Talk
  Stockwood Library

- Fun in the forest
  St Monica Trust

- Festival of inclusive cycling
  Bristol Family Cycling Centre

- Toy Library
  South Bristol Toy Library

- National Stitch Day
  Bristol Museum and Art Gallery

- Bristol’s brilliant archaeology festival
  Blaise Castle Museum

- Blaise Castle summer 2018 Fairy Door Walk
  Blaise Castle

- Wallace and Gromit FREE outdoor screenings
  We The Curious

- Festival of What If I Play day
  We The Curious
ACTIVITIES FOR
YOUNG PEOPLE
# Summer Holiday Activities for Young People – All Free or Low Cost

Contact Hartcliffe and Withywood Community Partnership for any further information: HWCP 0117 903 8044

<table>
<thead>
<tr>
<th>Week Ending</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
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</thead>
<tbody>
<tr>
<td>July 12th</td>
<td>UPW Play Session (TeyFatt Park, 15:00 – 17:00, 6-12 year olds.) Youth Moves Street Games (Hargrove Park, 2:00 – 1900, All Ages) Young Bristol BBQ (At Hartcliffe Club for Young People, 1700-2200, 0 to 12 year olds)</td>
<td>UPW Play Session (TeyFatt Park, 15:00 – 17:00, 6-12 year olds.) Hartcliffe Free Football Session, (16:30 – 17:30, 11 to 18 year olds at Hartcliffe Astro)</td>
<td>Youth Moves Seniors Night (The Park, Daventry Rd, 1900 – 2100, 14 to 19 year olds) Access Sport BMX session (Morrison’s Car Park, All Ages, 1700 – 1800)</td>
<td>Young Bristol Trip, Blaise Castle (At Hartcliffe Club for Young People, 1900 – 2130, 13 to 18 year olds) Hartcliffe Saints Community Football Club, 15 and older, 2100–2200, at Merchants Astro</td>
<td>Youth Moves Inters Night (The Park, Daventry Rd, 1700 – 1900, 11 to 14 year olds) Young Bristol Club Night (At Hartcliffe Club for Young People, 1700 – 1900, 10 to 13 year olds)</td>
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<tr>
<td>July 19th</td>
<td>UPW Play Session (TeyFatt Park, 15:00 – 17:00, 6-12 year olds.) Youth Moves Street Games (Hargrove Park, 2:00 – 1900, All Ages)</td>
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<td>Youth Moves Seniors Night (The Park, Daventry Rd, 1900 – 2100, 14 to 19 year olds)</td>
<td>Young Bristol – BBQ (At Hartcliffe Club for Young People, 1900 – 2130, 13 to 18 year olds) Hartcliffe Saints Community Football Club, 15 and older, 2100–2200, at Merchants Astro</td>
<td>Youth Moves Inters Night (The Park, Daventry Rd, 1700 – 1900, 11 to 14 year olds) Young Bristol – Trip to Park (At Hartcliffe Club for Young People, 1700 – 1900, 10 to 13 year olds)</td>
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<tr>
<td>July 26th</td>
<td>UPW Play Session (TeyFatt Park, 15:00 – 17:00, 6-12 year olds.) Youth Moves Street Games (Hargrove Park, 2:00 – 1900, All Ages) Young Bristol – Team building Games (At Hartcliffe Club for Young People, 1700-1900, 0 to 12 year olds)</td>
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<td>Youth Moves Seniors Night (The Park, Daventry Rd, 1900 – 2100, 14 to 19 year olds)</td>
<td>Young Bristol – Seniors Trip to beach (At Hartcliffe Club for Young People, 1900 – 2130, 13 to 18 year olds) Hartcliffe Saints Community Football Club, 15 and older, 2100–2200, at Merchants Astro</td>
<td>Access Sport BMX session (Morrison’s Car Park, 1900 – 2200, All Ages)</td>
<td>Hartcliffe Summer Fun Day August 4th 1500 – 1600 @Yewmes Building 8513 OBE</td>
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<tr>
<td>Date</td>
<td>Event Description</td>
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<td>August 15</td>
<td>LPW Play Session (Tejvant Park, 15.00 – 17.00, 6-12 year olds.)</td>
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<td>Youth Moves Street Games (Winsgrove Park, 1700—1900, All Ages)</td>
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<td>HWCP: Free Football Session, (1030 – 1730, 11 to 18 year olds at Hartridge school Astro)</td>
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<td>Harcliffe Saints Community Football Club, 15 and older, 2100-2200, at Merchants Astro</td>
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<td>August 20</td>
<td>LPW Play Session (Tejvant Park, 15.00 – 17.00, 6-12 year olds.)</td>
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<td>August 27</td>
<td>LPW Play Session (Tejvant Park, 15.00 – 17.00, 6-12 year olds.)</td>
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WANT TO HAVE FUN & MAKE NEW FRIENDS THIS SUMMER?
KNOWLE WEST MEDIA CENTRE’S POPULAR SUMMER PROGRAMME IS BACK FOR 2018!

JUMP INTO...MUSIC (FREE, ages 10-16)
24th July, 10am - 1pm: girls only session
25th & 26th July, 10am - 3pm: all welcome
Make music and instruments, create your own songs and perform and have a go at DJing

JUMP INTO...TECH (FREE, ages 10 - 16)
31st July, 10am - 1pm: girls only session
1st & 2nd August, 10am - 3pm: all welcome
Explore exciting new technologies including robots, Virtual Reality, 3D printing, Microbits, drones and coding.

JUMP INTO...PHOTOGRAPHY (FREE, ages 14-19)
7th, 8th & 9th August, 10am - 3pm: all welcome
Try your hand at studio photography, fashion photography, street photography and photo journalism - and see your work exhibited for family and friends at the end of the week.

No experience is needed for any of the activities.
All kit will be provided.
Please bring a packed lunch with you!

To reserve your place sign up at jumpstudios.online/summer18 or call 0117 903 0444 and ask for Dot or Mike or e-mail dot@kwmc.org.uk

www.kwmc.org.uk
Knowle West Media Centre,
Leinster Avenue, BS4 1NL
Facebook, Instagram, @jumpkwmc
Wicketz Bristol

FREE Cricket Sessions

DON’T KNOW THE RULES?
DON’T WORRY. JUST TURN UP,
PLAY GAMES AND HAVE FUN.

Bring your friends • Make new friends

For girls and boys aged 8–16

Knowle
Every Tuesday
4.30pm–6.00pm
Venue: The Park Centre, Daventry Road, Bristol BS4 1DQ

For more information contact Crispin Shingler:
07398 211 596 • crispin.shingler@glosccc.co.uk

GCB_Wicketz_LT
Wicketz Bristol

The Park
Gloucestershire Cricket Board
Lord’s Taverners
Trips this summer

Noah’s Ark
Monday 30th July
Coach South Bristol 10.30 pick up 16.30
North Bristol 11.00 pick up 16.00

Weston Super Mare
Tuesday 7th August
Meeting at Bristol Temple Meads 11.00
Pick up 16:30

Bristol Zoo
Wednesday 15th August
Meet at the Zoo 10.30am pick up 16.00

Slimbridge Wetlands
Thur 23rd Aug
Coach South Bristol 10.30 Pick up 16.30
North Bristol 11.00 pick up 16.00

Cost for each trip £12 for the first child, £9 for siblings. Need Packed Lunch.
To book call: 0117 9415868 or Email: groups@time2share.org.uk
Alive ‘N’ Kicking is a **FREE** healthy lifestyles programme for children aged between 5 - 16 years and their families, who together want to lose weight, eat healthier and get more active!

You will learn how to read food labels, make smoothies, receive weekly recipes, discover healthy snack options, take part in **FREE** activity clubs and much more!

**ARE YOU READY TO MAKE A FEW CHANGES?**

Contact us to book your place

Tel: 01179 422602

Email: bristol@ank.uk.com

 Alive ‘N’ Kicking  @ANK_Bristol

2-6 year age group programmes available. Please ask for details.

**BECAUSE EVERYONE WANTS THE BEST FOR THEIR KIDS**

**FAMILY HEALTHY LIFESTYLE**

**everyone HEALTH BRISTOL**

**ALIVE N KICKING BY everyone HEALTH 4 LIFE**
# Alive N Kicking Children’s Healthy Lifestyles Programme

Alive N Kicking is commissioned by Bristol City Council to deliver free healthy lifestyles programmes to children aged 2-16 years who are on/above 91st centile. Please find the dates of our July 2018 programmes below. To make a referral please call/email or post the referral form to the contact details below.

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Programme Start Date</th>
<th>Location</th>
<th>Start Time</th>
<th>Programme Length</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-11 years Infants/Juniors</td>
<td>Starting Tuesday 3rd July 2018</td>
<td>Horfield Leisure Centre</td>
<td>4.30pm-5.45pm</td>
<td>9 weeks</td>
</tr>
<tr>
<td>5-11 years Infants/Juniors</td>
<td>Starting Tuesday 3rd July 2018 (Additional physical activity sessions on Thursdays)</td>
<td>Hengrove Leisure Centre</td>
<td>4pm-5.15pm</td>
<td>9 weeks</td>
</tr>
<tr>
<td>5-11 years Infants/Juniors</td>
<td>Starting Thursday 5th July 2018 (Additional physical activity sessions on Tuesdays)</td>
<td>Easton Leisure Centre</td>
<td>4.15pm-5.30pm</td>
<td>9 weeks</td>
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<tr>
<td>11-16 years Seniors</td>
<td>Starting Monday 2nd July 2018</td>
<td>Easton Leisure Centre</td>
<td>4.30pm-6pm</td>
<td>9 weeks</td>
</tr>
<tr>
<td>11-16 years Seniors</td>
<td>Starting Monday 30th July 2018 (Bootcamp style, twice a week on a Monday and Wednesday, same times)</td>
<td>The Park, Knowle</td>
<td>12pm-1.30pm</td>
<td>5 weeks</td>
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</tbody>
</table>

What will my family be doing during the programmes?

- Learning about healthy eating & nutrition
- Food preparation sessions – making fruit kebabs, smoothies and healthy wraps
- Shop healthier by learning how to read food labels
- Activity sessions – learn that exercise can be fun, play new games and build your skills and confidence
- Attendance is required on both days of the programme to gain maximum benefit, where applicable

Send referrals via Email: bristol@ank.uk.com Secure email: whyweight.bristol@nhs.net Post: Alive N Kicking, Kingsdown Sports Centre, Portland Street, Bristol, BS2 8HL or call: 0117 942 2602
SS Great Britain Trust

Join us for an autism and SEND-friendly early opening pilot of Brunel’s SS Great Britain. On Saturday 7 July, 8.30am – 10am, explore the ship and Dockyard Museum in a relaxed setting.

This event is designed for families and individuals with autism, learning disabilities and sensory and communication disorders. The early opening will allow you to enjoy all the activities available at your own pace, without the usual crowds.

Loud and surprising sounds and flashing screens or lights will be turned off to make the site as accessible as possible. There will also be a quiet room available, and our friendly staff will always be on hand if you have any questions or need help.

The event will run from 8.30am - 10am. Visitors are welcome to stay on site after we open to the public at 10am, when the Being Brunel Museum will also be open. Please note that at this time, the site will open as usual with sounds, smells and low lighting.


If you have any questions regarding this event, then please contact Visitor Experience Manager Noah Burrows on noahb@ssgreatbritain.org.

All the best

Leila

Leila Nicholas | Communities Officer | SS Great Britain Trust
Great Western Dockyard, Gas Ferry Road, Bristol BS1 6TY
E: leilan@ssgreatbritain.org
Tel: 0117 926 0680 ext. 212
THIS SUMMER WHY NOT TRY SOMETHING DIFFERENT?

BREAK FREE

SOUTH BRISTOL

HOLIDAY ACTIVITY CLUB
OPEN TO ALL YOUNG PEOPLE FROM THE COMMUNITY AGES 8-13 YEARS OLD

ONLY £1 PER DAY

MONDAY 20TH - FRIDAY 24TH AUGUST
THE PARK CENTRE, KNOWLE WEST
10AM-2PM EVERY DAY

Take part on a wide range of high-quality activities including sports (from football to table tennis), music to drama, team games and challenges, Forest School to chilling out in our youth club space PLUS enjoy a hot dinner. All for just £1 per day!

Clubs are run by trained & qualified staff from Youth Moves and Community Of Purpose
THIS SUMMER WHY NOT TRY SOMETHING DIFFERENT?

BREAK FREE

SOUTH BRISTOL

HOLIDAY ACTIVITY CLUB

OPEN ONLY TO STUDENTS FROM BEDMINSTER DOWN SCHOOL*

* PUPILS WHO HAVE JUST FINISHED IN YEARS 7-8 OR THOSE MOVING TO THE SCHOOL AND STARTING IN YEAR 7 IN SEPT 2018

ONLY £1 PER DAY

MONDAY 13TH - FRIDAY 18TH AUGUST

BEDMINSTER DOWN SCHOOL

10AM-2PM EVERY DAY

Take part on a wide range of high-quality activities including sports (from football to table tennis), music to drama, team games and challenges, Forest School to chilling out in our youth club space PLUS enjoy a hot dinner. All for just £1 per day!

Clubs are run by trusted & qualified staff from Youth Moves and Community Of Purpose

...FROM HOLIDAY HUNGER

...FROM SCREENS & GAMING

...FROM HAVING NOTHING TO DO
THIS SUMMER WHY NOT TRY SOMETHING DIFFERENT?

BREAK FREE

SOUTH BRISTOL

HOLIDAY ACTIVITY CLUB

OPEN ONLY TO STUDENTS FROM BRIDGE LEARNING CAMPUS*

*PUPILS WHO HAVE JUST FINISHED IN YEARS 5-8 OR YOUNG PEOPLE STARTING IN YEAR 7

MONDAY 6TH - FRIDAY 10TH AUGUST

BRIDGE LEARNING CAMPUS, HARTCLIFFE

10AM-2PM EVERY DAY

Take part on a wide range of high-quality activities including sports (from football to table tennis), music to drama, team games and challenges, Forest School to chilling out in our youth club space PLUS enjoy a hot dinner. All for just £1 per day!

Clubs are run by trusted & qualified staff from Youth Moves and Community Of Purpose.
Please see dates and times for WECIL’s short breaks and groups for young disabled people across the summer. Entitlement is 12-19 years old and up to 25 at Listening Partnership groups, our participation group. All sessions are open access but it would be helpful to talk to families on the phone before they bring a new young person to a group to make sure it is the right group for them and we can ensure they can fully access the activity.

The Out and About sessions are located at venues in Hartcliffe and Hillfields but will likely be trips and outings to various places as decided by young people.

**Wecil Youth Services July/August/September 2018**

<table>
<thead>
<tr>
<th>Week commencing Monday 9th July 2018</th>
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<tr>
<td><strong>Monday 9th July</strong></td>
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<td><strong>Tuesday 10th July</strong></td>
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<td><strong>Wednesday 11th July</strong></td>
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<td><strong>Thursday 12th July</strong></td>
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<td><strong>Saturday 14th July</strong></td>
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<tr>
<th>Week commencing Monday 16th July 2018</th>
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<td><strong>Monday 16th July</strong></td>
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<td><strong>Tuesday 17th July</strong></td>
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<td><strong>Tuesday 17th July</strong></td>
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<td><strong>Wednesday 18th July</strong></td>
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<td><strong>Saturday 21st July</strong></td>
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### Week commencing Monday 23rd July 2018

<table>
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<th>Day</th>
<th>Program</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>Monday 23rd July</td>
<td>Listening Partnership</td>
<td>The Station</td>
<td>7.00 – 9.00</td>
</tr>
<tr>
<td>Tuesday 24th July</td>
<td>Children in Need</td>
<td>Hillfields Youth Centre</td>
<td>7.00 – 9.30</td>
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<tr>
<td>Tuesday 24th July</td>
<td>Children in Need</td>
<td>Hartcliffe Club for Young People</td>
<td>7.00 – 9.30</td>
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<tr>
<td>Wednesday 25th July</td>
<td>Short Breaks North</td>
<td>Southmead Youth Centre</td>
<td>Closed</td>
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<tr>
<td>Thursday 26th July</td>
<td>Short Breaks Central</td>
<td>LPW Bedminster</td>
<td>Closed</td>
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### Week commencing Monday 30th July 2018

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<tr>
<th>Day</th>
<th>Program</th>
<th>Location</th>
<th>Time</th>
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<tr>
<td>Monday 30th July</td>
<td>Listening Partnership</td>
<td>The Station</td>
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<tr>
<td>Monday 30th July</td>
<td>Children in Need</td>
<td>Inns Court Community and Family Centre</td>
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<tr>
<td>Tuesday 31st July</td>
<td>Short Breaks East</td>
<td>Hillfields Youth Centre</td>
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<tr>
<td>Tuesday 31st July</td>
<td>Children in Need</td>
<td>Hartcliffe Club for Young People</td>
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<tr>
<td>Wednesday 1st August</td>
<td>Short Breaks North</td>
<td>Southmead Youth Centre</td>
<td>2.00 – 4.00</td>
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<tr>
<td>Thursday 2nd August</td>
<td>Short Breaks Central</td>
<td>Bedminster LPW</td>
<td>2.00 – 4.00</td>
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<tr>
<td>Saturday 4th August</td>
<td>Out and About</td>
<td>Hartcliffe Club for Young People</td>
<td>10.00 – 3.00</td>
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<tr>
<td>Saturday 4th August</td>
<td>Southmead SB</td>
<td>Southmead Youth Centre</td>
<td>10.00 – 3.00</td>
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### Week commencing Monday 6th August 2018

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<tr>
<th>Day</th>
<th>Program</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>Monday 6th August</td>
<td>Listening Partnership</td>
<td>The Station or City Hall City Hall Takeover</td>
<td>12.00 – 4.00</td>
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<tr>
<td>Tuesday 7th August</td>
<td>Children in Need</td>
<td>Hillfields Youth Centre</td>
<td>7.00 – 9.30</td>
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<tr>
<td>Tuesday 7th August</td>
<td>Independent Living Skills</td>
<td>Hillfields Youth Centre</td>
<td>7.00 – 9.30</td>
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<tr>
<td>Tuesday 7th August</td>
<td>Children in Need</td>
<td>Hartcliffe Club for Young People</td>
<td>7.00 – 9.30</td>
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<tr>
<td>Wednesday 8th August</td>
<td>Short Breaks North</td>
<td>Southmead Youth Centre</td>
<td>2.00 – 4.00</td>
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<tr>
<td>Saturday 11th August</td>
<td>Out and About</td>
<td>Hillfields Youth Centre</td>
<td>10.00 – 3.00</td>
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## Week commencing Monday 13th August 2018

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<tr>
<th>Date</th>
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<th>Location</th>
<th>Time</th>
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<tr>
<td>Monday 13th August</td>
<td>Listening Partnership</td>
<td>The Station</td>
<td>7.00 – 9.00</td>
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<tr>
<td>Monday 13th August</td>
<td>Children in Need Knowle</td>
<td>Inns Court Community and Family Centre</td>
<td>7.00 – 9.30</td>
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<tr>
<td>Tuesday 14th August</td>
<td>Children in Need</td>
<td>Hartcliffe Club for Young People</td>
<td>7.00 – 9.30</td>
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<td>Short Breaks East</td>
<td>Hillfields Youth Centre</td>
<td>7.00 – 9.30</td>
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<tr>
<td>Wednesday 15th August</td>
<td>Short Breaks North</td>
<td>Southmead Youth Centre</td>
<td>2.00 – 4.00</td>
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<tr>
<td>Thursday 16th August</td>
<td>Short Breaks Central</td>
<td>LPW Bedminster</td>
<td>2.00 – 4.00</td>
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<tr>
<td>Saturday 18th August</td>
<td>D of E Weekend</td>
<td>Quantocks</td>
<td>TBC</td>
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</table>

## Week commencing Monday 20th August 2018

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<thead>
<tr>
<th>Date</th>
<th>Activity</th>
<th>Location</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Monday 20th August</td>
<td>Listening Partnership</td>
<td>The Station</td>
<td>7.00 – 9.00</td>
</tr>
<tr>
<td>Tuesday 21st August</td>
<td>Children in Need</td>
<td>Hartcliffe Club for Young People</td>
<td>7.00 – 9.30</td>
</tr>
<tr>
<td>Tuesday 21st August</td>
<td>Children in Need</td>
<td>Hillfields Youth Centre</td>
<td>7.00 – 9.30</td>
</tr>
<tr>
<td>Thursday 23rd August</td>
<td>Short Breaks North</td>
<td>Southmead Youth Centre</td>
<td>2.00 – 4.00</td>
</tr>
<tr>
<td>Saturday 25th August</td>
<td>Hillfields and Hartcliffe</td>
<td>Joint daytrip</td>
<td>TBC</td>
</tr>
</tbody>
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## Week Commencing Monday 27th August 2018

<table>
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<tr>
<th>Date</th>
<th>Activity</th>
<th>Location</th>
<th>Time</th>
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<tbody>
<tr>
<td>Monday 27th August</td>
<td>Listening Partnership</td>
<td>The Station</td>
<td>Closed</td>
</tr>
<tr>
<td>Monday 27th August</td>
<td>Children In Need</td>
<td>Inns Court Community and Family Centre</td>
<td>Closed</td>
</tr>
<tr>
<td>Tuesday 28th August</td>
<td>Children in Need</td>
<td>Hartcliffe Club for Young People</td>
<td>TBC</td>
</tr>
<tr>
<td>Tuesday 28th August</td>
<td>Short Breaks East</td>
<td>Hillfields Youth Centre</td>
<td>7.00 – 9.30</td>
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<tr>
<td>Wednesday 29th August</td>
<td>Short Breaks North</td>
<td>Southmead Youth Centre</td>
<td>2.00 – 4.00</td>
</tr>
<tr>
<td>Thursday 30th August</td>
<td>Short Breaks Central</td>
<td>LPW Bedminster</td>
<td>2.00 – 4.00</td>
</tr>
<tr>
<td>Saturday 1st September</td>
<td>Southmead SB</td>
<td>Southmead Youth Centre</td>
<td>10.00 – 3.00</td>
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### Week Commencing Monday 3rd September 2018

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<thead>
<tr>
<th>Date</th>
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<tbody>
<tr>
<td>Monday 3rd September</td>
<td>Listening Partnership</td>
<td>City Hall Takeover 12.00 – 4.00 or the Station Session 7.00pm</td>
</tr>
<tr>
<td>Monday 3rd September</td>
<td>Children in Need Knowle</td>
<td>Inns Court Community and Family Centre 7.00 – 9.30</td>
</tr>
<tr>
<td>Tuesday 4th September</td>
<td>Children in Need</td>
<td>Hillfields Youth Centre 7.00 – 9.30</td>
</tr>
<tr>
<td>Tuesday 4th September</td>
<td>Independent Living skills</td>
<td>Hillfields Youth Centre 7.00 – 9.30</td>
</tr>
<tr>
<td>Tuesday 4th September</td>
<td>Children in Need</td>
<td>Hartcliffe Club for Young People TBC</td>
</tr>
<tr>
<td>Wednesday 5th September</td>
<td>Short Breaks North</td>
<td>Southmead Youth Centre Closed</td>
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<tr>
<td>Saturday 8th September</td>
<td>D of E Expedition</td>
<td>Quantocks</td>
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### Week Commencing Monday 10th September 2018

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<tr>
<th>Date</th>
<th>Activity</th>
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<tbody>
<tr>
<td>Monday 10th September</td>
<td>Listening Partnership</td>
<td>The Station 7.00 – 9.00</td>
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<tr>
<td>Tuesday 11th September</td>
<td>Short Breaks East</td>
<td>Hillfields Youth Centre 7.00 – 9.30</td>
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<tr>
<td>Tuesday 11th September</td>
<td>Children in Need</td>
<td>Hartcliffe Club for Young People 7.00 – 9.30</td>
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<tr>
<td>Wednesday 12th September</td>
<td>Short Breaks North</td>
<td>Southmead Youth Centre 6.00 – 8.00</td>
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<tr>
<td>Thursday 13th September</td>
<td>Short Breaks Central</td>
<td>LPW Bedminster 6.00 – 8.00</td>
</tr>
<tr>
<td>Saturday 15th September</td>
<td>Out and About</td>
<td>Hartcliffe Club for Young People 10.00 – 3.00</td>
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### Week Commencing Monday 17th September 2018

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<th>Date</th>
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<tr>
<td>Monday 17th September</td>
<td>Listening Partnership</td>
<td>The Station 7.00 – 9.00</td>
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<tr>
<td>Monday 17th September</td>
<td>Children in Need</td>
<td>Inns Court Community and Family Centre 7.00 – 9.30</td>
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<tr>
<td>Tuesday 18th September</td>
<td>Children in Need</td>
<td>Hillfields Youth Centre 7.00 – 9.30</td>
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<tr>
<td>Tuesday 18th September</td>
<td>Children in Need</td>
<td>Hartcliffe Club for Young People 7.00 – 9.30</td>
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<tr>
<td>Wednesday 19th September</td>
<td>Short Breaks North</td>
<td>Southmead Youth Centre 6.00 – 8.00</td>
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<tr>
<td>Saturday 22nd September</td>
<td>Out and About</td>
<td>Hillfields Youth Centre 10.00 – 3.00</td>
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<tr>
<td>Day</td>
<td>Event</td>
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<td>Monday 24&lt;sup&gt;th&lt;/sup&gt; September</td>
<td>Listening Partnership</td>
<td>The Station</td>
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<tr>
<td>Tuesday 25&lt;sup&gt;th&lt;/sup&gt; September</td>
<td>Children in Need</td>
<td>Hartcliffe Club for Young People</td>
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<tr>
<td>Wednesday 26&lt;sup&gt;th&lt;/sup&gt; September</td>
<td>Travelling Light</td>
<td>Salvation Army</td>
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<td>Wednesday 26&lt;sup&gt;th&lt;/sup&gt; September</td>
<td>Short Breaks North</td>
<td>Southmead Youth Centre</td>
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<tr>
<td>Thursday 27&lt;sup&gt;th&lt;/sup&gt; September</td>
<td>Short Breaks Central</td>
<td>LPW Bedminster</td>
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Phil Cotgreave  
Youth Service Team Leader  
Telephone: 0117 947 9911  
Email:  Phil.Cotgreave@wecil.co.uk

**WECIL Reception**: 01179 47 9911  
reception@wecil.co.uk
Please read the following information, and see the attached leaflet, about the Jubilee Sailing Trust and British Exploring Society's Infinity Project for 16-18 year olds with SEND. This is a great opportunity for young people aged 16-18 with a special educational need or a disability. If you know any young people who might be interested contact me with the young person's name, age, school and contact details – please note that I need this information as soon as possible:

Jubilee Sailing Trust and British Exploring Society's Infinity Project for 16-18 year olds with SEND

Have you got a young person in your school or setting that would love to sail the high seas and trekking across a breath taking landscape?

We have been approached by the Jubilee Sailing Trust and British Exploring Society to identify 14 young people aged 16-18 with a special educational need or a disability who would like to take part in a once in a lifetime opportunity to take part in a land and sea challenge in October 2018.

If you want more information or know of a young person who would like to express interest please email jeremy.stephenson@bristol.gov.uk with the young person’s name, age, school and contact details. We will be arranging an information session later in the month. More information is below and on the leaflet attached.

The attached document is designed for potential participants to read and gives a more in depth brief of the project and this amazing opportunity. The non-disabled explorers for the pilot will be selected from Westminster Academy, an outstanding school for disadvantaged youth in west London. We are now actively seeking partners to support the recruitment of the disabled explorers.

Please email jeremy.stephenson@bristol.gov.uk (or reply to this address) if you have any queries, or require further information.

Kind regards
Jeremy

Jeremy Stephenson
Local Offer Officer
Specialist Education and Access Team
People Directorate
Bristol City Council

Office address: City Hall, College Green, Bristol BS1 5TR
Postal address: PO Box 3176 (CH) Bristol BS3 9FS

jeremy.stephenson@bristol.gov.uk
The Infinity Programme Pilot
Will you join us as one of our pioneer Young Explorers?

Have you ever fancied sailing the high seas and trekking across a breathtaking landscape?

You could be one of 28 Pioneer Explorers helping us shape an exciting new sea and land expedition - by taking part in a UK pilot programme, called Infinity, in the autumn of 2018, and possibly an expedition to the Arctic Circle in 2019.

Your challenge will start in October 2018, with a nine day joint land and sea expedition. To successfully complete this you must be willing to challenge yourself, both physically and mentally, and support your fellow explorers amongst a diverse, mixed ability expedition group.

For four days and three nights you and your team will work together on the wild moors of Dartmoor carrying heavy rucksacks, trekking all day across strange, rough terrain, then putting up your tent and cooking your own dinner.

On the fourth night you will board Tenacious, a sailing ship, on the south coast of England. She's a very special ship. She is fully equipped to be crewed by a mixed ability crew, both disabled and non-disabled. For the next 5 days, everyone will work together as a member of the ship’s crew. You will learn to keep watch (including overnight, even on the first night), helm the ship, set the sails, go aloft up the rigging, work in the galley and clean the ship.

This nine days will be very demanding - but also extremely rewarding.

Do you have the resilience to get yourself through that and to support your teammates if they are struggling? Could you cope with an emotional rollercoaster? One minute you could be exhilarated, the next frustrated. One moment it is the hardest day of your life, the next your greatest achievement. Are you the sort of person that enjoys the challenge? Will you be ready to support your teammates when they are feeling down? Can you ask for help when you are feeling low? Do you want to discover your capacity, to focus on what you can do (not what you can’t)? Do you want to develop new levels of self confidence, independence, empathy and knowledge to take with you throughout your personal and professional life?
So what will this all really feel like on your expedition? Well, everything will depend a bit on you and your fellow explorers and on the weather. But it will be something like this:

On land

We will help you with any ‘camping skills’ you haven’t had a chance to learn up until now. Over the 4 days you will be walking between 12-15 km a day - which for most groups takes around 8 hours. There will be plenty of stops, including a break for lunch. For most of this time you will be carrying all your kit in your rucksack. As a rough guide this often weighs between 12-15 kilos (Photo 1 and 4). (A basketball weighs a bit under 1kg, a chunky science textbook between 1 and 2 kg). The ground you cover will be varied, some of it on good land-rover tracks, some on footpaths and some of it over rough ground.

At night you will be camping in the middle of nowhere. This means that you will be putting up your own tents with your tent-mates, and collecting all your water for drinking and for cooking (on small stoves) from nearby rivers or streams. It will also mean digging a hole for your toilet (though in base camp this will be covered by a small tent). On your wild camps your toilet will be in the open, hidden behind a bush or a rock. It is important that we are careful, responsible visitors to wild places, so we work hard together to leave as little trace behind us as possible when we leave a wild camp or a base camp.

You will need to cope with whatever the weather throws at you – and in late October on Dartmoor this could be beautiful calm sunny days or snow and howling gales. Most likely temperatures will be between 4 and 10 degrees and it will rain on 2 out 3 days. We will make sure you have the right kit lists and equipment you need. You will learn a wide range of practical skills, and about the environment you are exploring, too.
At Sea

You will work in teams to sail the ship right around the clock, according to a strict rota. You will be out on deck during the day and at night, and in any weather. JST ships are designed to enable disabled and non-disabled crew to participate in every aspect of life at sea. During the sail part of the voyage you will be helping to helm (steer) the ship, set the sails (put them in the right position to catch the wind) and keep the ship clean and tidy (‘ship shape’). Space is at a premium on a ship and keeping the gangways (corridors) and decks clear and clean is important for everyone’s safety. Your duties include night watches where your team helm the ship whilst your crew mates try to catch up on their sleep. You will also help in the Galley (the ship’s kitchen) preparing and serving meals. You will work with the permanent crew of the ship who will teach you how the rigging (the system of ropes which is used to keep all the sails in the right place) of the ship works and how to move and tie ropes in the right way. They will also teach you about navigation, and how to record important details about where you are at sea and what conditions are like while you are on duty. You get regular tea breaks, and all your food is provided for you onboard ship.

Here is an example of a typical 24-hour period:

08:00 – Breakfast
09:00 – Happy Hour (cleaning the ship)
10:00 – Snack break
10:30 – Project time (might include learning about navigation, the ship’s history or marine life)
12:00 – Lunch
12:30 – Watch duty (Helming, taking readings, keeping lookout etc)
15:00 – Snack break
16:00 – Group session (team games, reflection on lessons learned etc)
18:00 – Dinner
19:00 – Rest time before midnight watch duty
23:45 – Woken for watch duty
04:00 – Return to bunk for sleep
08:00 – Breakfast
GET CREATIVE!

music performance

games

media

music technology

access creative college

OPEN DAY Tues 28th August

3pm, 4:30pm or 6pm

It's not too late for music, games & media courses starting in September. Come and discuss your options post GCSE and A Level results.

309 CENTRAL PARK, PETHERTON RD, HENGROVE, BS14 9BZ

Book now accesscreative.ac.uk · 0800 28 18 42
Taster Days for Access to Achievement

Are you 16-18 and need to gain English and Maths qualifications?

We could be the right place for you!

Our Taster Days are

**Wednesday 1st August, 8th August 15th August and 22nd August**

10.30am -2pm.

You will receive £6 for attending. Activities include a trip to We The Curious.

Please contact us on 0117 9788 968 to let us know that you would like to attend.
Are you 16-25? Want to learn new skills?

23rd – 27th July 2018 in Bristol

Taster Day Wednesday 18th July 2018.

Meet new people and improve your skills whilst working with animals. Not only will it help you discover new talents and develop new skills, but you’ll also benefit from support from our staff or one of our mentors to help you uncover your next steps.

- Take part in animal handling, grooming and enrichment activities around the Park Centre
- Learn about health checking of mammals and reptiles
- Introduction to animal behaviour and the cleaning and maintenance of animal accommodation
- Opportunity to access further training and volunteering opportunities after the programme
- Improve confidence, communication and teamwork
- Up to three months progression support to find work or training

In partnership with:

The Park

To join the course or find out more:
Search ‘Prince’s Trust’
Text ‘Call me’ to 07484 532224
Call for free on 0800 842 842
Creative Youth Network South Sessions

Monday
3:30 – 5pm: Cooking Group at the Gatehouse Centre. Weekly session in which you learn to cook healthy recipes and eat together afterwards. Please contact Tim on 0774165991 to attend.

Wednesday
12:30 – 2pm: Bridge Learning Campus School lunchtime session – sports and fun activities.
4 – 6pm: Knowle West Health Park Open Access session. Outdoor session focussed around sports and team activities. Please contact James on 07741659731 to attend. Summer holiday timings 1 – 3pm.

Thursday
6 – 8pm: Deaner Café Youth Club. Sport, arts, events, a cool place to just and come hang out. Please contact Mark on 07741660508 to attend.

Friday
4 – 6pm: Teen Fit – Venue TBC. A fun fitness session with a focus on healthy living. Please contact Mark on 07741660508 to attend.
5 – 7pm: LGBTQ+ Group, The Park, Knowle. A safe space to talk and explore gender and sexuality. Please contact Michelle on 07710396744.

CYN will also be in the schools on the times and days listed below to support Brook with their lunchtime sessions:

Tuesday:
Bedminster Down/Bridge Learning Campus

Wednesday:
Ashton Park School/Oasis John Williams

Thursday:
Merchants Academy

For more information please visit: www.creativeyouthnetwork.org.uk or call The Station: 0117 947 7948.
Activities for children and families
Hartcliffe Summer Fun Day
Saturday 4th August 1-4pm
@symes Community Building

Bikes to Try

Crazy Bikes

Playranger Van

10 Adult Bikes to Give Away
FREE if you bring proof of unemployment (more info here: www.lifecycle.org.uk/node/830)
£20 if not

Sensory Truck

Super Hero Costume Making

Dr. Bike

Affordable Children’s Bike Exchange
Swap a bike, get £5 off another

Roadshow Team

Smoothie Bike

10 Kids Bikes to Give Away

Refreshments

More to be confirmed
BRISTOL HARBOUR SIDE FESTIVAL

Saturday 21st July
Hosted by: UNIQUE VOICE
13:30 - 17:30
45 Minute Sessions Throughout

Crafts! Games! Drama!
All completely FREE!

Find us in Millennium Square
**EXCITING NEWS...**

We have successfully received funding to deliver targeted summer holiday programmes across Bristol this Summer.

**WHEN AND WHERE?**

- **Fair Furlong Primary School (BS13 9HS)**
  Thursday 28th and Friday 29th July - 10:30pm
- **Oasis Academy Long Cross (BS11 0LP)**
  Mon - Thur 30th July to 2nd August - 10:30pm
  Mon - Thur 20th to 23rd August - 10:30pm
- **Hannah Moore Primary School (BS2 0LT)**
  Monday 6th to Thursday 9th August - 10:30pm
- **Speedwell Nursery and Children’s Centre (BS5 7SY)**
  Every Mon - Wed from Monday 30th July to Wednesday 22nd August - 10:30pm

**WHO CAN TAKE PART?**

Programmes are available to targeted young people aged 6-14. As targeted provisions, we prioritise referrals for children who meet one or more of the following disadvantages:

1. Pupil premium funded children
2. Children affected by domestic violence
3. Children affected by sexual abuse
4. Children currently on a CP Plan
5. Looked after children
6. Young Carers
7. Special educational needs
8. Children affected by Mental Health (directly or indirectly)
9. Siblings of children affected by any of the above.

**HOW DO I REFER A CHILD?**

[CLICK HERE TO REFER A CHILD](#) OR
Contact our friendly community co-ordinator Sophie on community@uniquevoice.org 0117 4 266 240

**THANK YOU TO OUR SUPPORTERS**

- Avon and Somerset Police Community Trust
- Avon and Somerset Quartet Community Foundation
WHAT IS A UNIQUE VOICE HOLIDAY PROGRAMME??

WHO ARE WE UNIQUE VOICE?

- Unique Voice is a not-for-profit organisation who use creativity to EXPLORE, EDUCATE & EMPOWER young people.

- Programmes are delivered by highly skilled, trained, enhanced DBS cleared workshop leaders.

WHAT IS A HOLIDAY PROGRAMME?

- Programmes follow a creative theme.

- Programmes include Games, drama activities and crafts.

- Families will be invited to a short showcase at the end of the programme to celebrate and reward the children’s achievements.

WHY ATTEND?

- Enable young people to explore their skills and talents.

- Using the arts can provide social and emotional learning that has multiple benefits.

- Children and young people gain confidence and self-esteem, learn new skills and make new friends.

WHAT OUR PARENTS SAY...

“My child is not the most confident child, but I can see her confidence has increased this week. She has enjoyed herself immensely and made new friends.”

I WOULD LIKE TO ATTEND A UNIQUE VOICE HOLIDAY PROGRAMME PLEASE !!!

Contact our friendly Community Co-ordinator

SOPHIE SCOTT [COMMUNITY CO-ORDINATOR]

Unique Voice CIC
St Bonaventure’s Business Centre
Friary Road, BS7 8AF
Tel: 0117 428 6240
Email: community@uniquevoice.org
Where? In All Bristol Libraries
When? All summer!
Why? Have Fun Reading!

How? Pick up your free fold-out Mischief Makers starter pack from your local library. Read books, collect cards and play games on the website.
www.summerreadingchallenge.org.uk

Take Part! In fun activities happening in Bristol Libraries during the summer holidays.

At the end? Collect a medal & certificate & one voucher for a free children's DVD loan. Children will also be entered into a free LibrariesWest prize draw. (Terms & conditions apply).

Join the library! It’s easy and free! Ask staff at your local library to help you. Children under 15 will need the permission of a parent or carer.
This community noticeboard is being co-designed by Stockwood residents

Come & help bring it to life using traditional & digital manufacturing techniques - no experience needed!

Stockwood: Take Notice

AKER DAY

Friday 27th July, 10am - 3pm
At KWMC: The Factory
Filwood Green Business Park (off Hengrove Way)
Free to attend
Transport & refreshments provided
Contact Hannah to book: 07964 342388
TEA & TALK

WE PROVIDE THE TEA, YOU PROVIDE THE TALK

Come and catch up with friends, or meet new ones! Crafty activities will also be available to get involved in.

Last Tuesday of every month, 1pm-3pm at Stockwood Library, Stockwood Road, BS14 8PL:

June 26th       September 25th
July 31st       October 30th
August 28th     November 27th
Come and lend a hand in our wild forest area! Steve is running a volunteer day to cut back the overgrown forest, followed by fun activities on our community allotment.

- Suitable for children aged 8+, (with spaces for 6 younger children in a crèche)
- Tools supplied, wear sensible shoes etc
- Bring a packed lunch, extra snacks and refreshments provided
- Booking essential, fun guaranteed

Contact Hannah Stopford for more info
Hannah.stopford@stmonicatrust.org.uk
07964 342388
Festival of Inclusive Cycling
Wednesday August 1st 1.30-5pm
At the Bristol Family Cycling Centre
Bamfield, Hengrove, Bristol BS14 0XA
For people with disabilities, mobility issues or learning difficulties and their families, friends and carers, PLUS health and social care professionals
Free entry
Car parking Changing Places facility
South Bristol Toy Library

Where

Toy Library sessions take place at the United Reformed Church (URC) Hall on Tuesday and Saturday mornings.

West Street URC Church  Stanley Street South/(off West Street), Bristol BS3 3PG

Tuesdays 10am – 12pm: 10th & 24th July, 7th & 21st August

Saturdays 10.30am – 12pm: 14th & 28th July, 11th & 25th August

URC hall has level access and a disabled toilet. There is free on street parking close to the United Reformed Church but bear in mind spaces can be limited particularly around URC. We have space for pushchairs at both locations and a changing mat available.
4 August 2018

National Stitch Day

Join Bristol Embroiderers’ Guild and learn how to stitch heart patterns.

We will be using an embroidery style called ‘chicken scratch’ on gingham.

Using beautiful material and accessories you can make any design you like and bring it to life by adding embellishments such as buttons, beads and ribbon. Materials will be provided and some handmade items will be available for sale.

The Bristol Embroiderers Guild will be around with worked examples and a helping hand. You can also hear about their programme of monthly talks, workshops and involvement in National Projects.

The day will take place in two sessions: 10.15am – 12.30pm and 1.30pm – 3.45pm

The National Celebration of Stitch is designed to raise awareness of the Embroiderers’ Guild, demonstrating the delights of stitching, textiles and embroidery.

At a glance
4 August 2018
10am—4pm

Booking information

No admission fee – donations welcome

Drop in

The day will take place in two sessions:
10.15am – 12.30pm and 1.30pm – 3.45pm
28 July 2018

Bristol’s brilliant archaeology festival

Join museum archaeologists and a whole host of local societies, re-enactors, field archaeologists and heritage organisations for a fun-packed day full of tours, demonstrations, displays and archaeological activities.

Become an archaeologist for the day and join in with family friendly craft sessions, dressing up, a Roman feast, mini-excavations and much more.

Explore Blaise Castle House Museum, Blaise Castle and Blaise Community Gardens and visit lots of different stalls.

Main image © Rolling Stage

At a glance
28 July 2018
11am—4pm

Booking information
No admission fee – donations welcome

Drop in.
19 July—19 August 2018

The Blaise summer 2018 fairy door trail

Pick up a free fairy door trail and start a journey of discovery through the beautiful Blaise Castle House Museum. Can you discover all eight of our fabulous fairy doors?

Will they be in the Victorian schoolroom, near the beautiful costumes or next to the amazing toy collection? Collect the names of each door to win a sticker.

Blaise is beautiful in the summer so bring a picnic and make a day of it.

Most suitable for 3-10 year olds with their families.

The trail is only available on the dates listed (subject to change). Blaise Castle will also be open on Wednesday 15 August.

Dates

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Getting here
If you are planning on visiting, please consider using public transport or walking if possible. The 1, 3 and 4 buses all stop nearby. Parking is limited and the trail is extremely popular, especially when the sun is shining! Please park responsibly if using neighbouring residential streets.

At a glance
19 July—19 August 2018
11am—3pm

Booking information
Free – donations welcome
Drop in

If you’re able to travel by public transport or walk, we recommend it. Blaise Estate car park tends to fill up quickly on event days and during school holidays.
Wallace & Gromit [PG] - FREE outdoor screenings

When
26 July
29 July

How Much
Free

Where
We The Curious Big Screen, Millennium Square

Who for
Everyone!

Times
10.30am
12pm
2pm
4pm
**We The Curious Big Screen** invites you to join us on Millennium Square during the **Festival Of What If** as we celebrate the classic works of Aardman with two days of FREE **Wallace & Gromit** film screenings!

Pack some cheese and crackers and head over to the We The Curious Big Screen on Millennium Square for a grand day out of hilarious animation. Deckchair seating will be available all day on a first come, first served basis, so feel free to bring along your own blankets/camping chairs/beanbags! And remember to dress for the weather - this is an outdoor event, so be prepared for changes in weather!

**Film programme (26 & 29 July):**

**A Grand Day Out - 10.30am**
"Wallace and Gromit enjoy a day out with a difference when a quest to find cheese prompts a visit to the moon. Despite a few hiccups with their homemade rocket, the duo makes a successful lunar landing, arriving just in time for lunch."

**The Wrong Trousers - 12pm**
"When money troubles prompt Wallace to take in a lodger, life at West Wallaby Street gets complicated for poor Gromit. Forced out of his room to make way for a cool-as-a-cucumber penguin called Feathers McGraw, it’s not long before he feels well and truly usurped as Wallace’s faithful companion."

**A Close Shave - 2pm**
"Business is booming for Wallace and Gromit’s new window-cleaning service and life’s pretty dandy at West Wallaby Street, especially when the new venture introduces Wallace to the fragrant Wendolene, owner of the local wool shop – and a rather ferocious mutt named Preston."

**A Matter of Loaf and Death - 4pm**
"Another day dawns at West Wallaby Street and Wallace and Gromit are up with the birds, making bread for their latest enterprise – the ‘Top Bun’ bakery. With robotic kneading arms in place (another of Wallace’s madcap inventions) and a windmill on the roof, they’ve got a very professional set-up going."

Thinking of coming? Here’s some useful info:

- Seating will be limited, so feel free to bring your own blankets/deckchairs/beanbags
- For directions and car park info click [here](#)
- Don’t forget to dress for the weather
- We The Curious Big Screen looks forward to welcoming you!

**Our Wallace & Gromit film screenings take place on the same days as our Aardman Model Making Workshops, at We The Curious. Find out more about them here.**

You can also tick off our very special Wallace & Gromit statues on Millennium Square and in We The Curious, as you take part in the fantastic **Gromit Unleashed 2 trail.**
Festival of What If Play Day

Chalk Flood
Grab some chunky chalk and draw on the ground: doodles, games, signposts for aliens, or whatever you fancy. Take your little ones on our play trail and discover curious ways to interact with our outdoor spaces.

When
31 Jul

How Much
Free

Where
Millennium Square

Who for
Everyone!

Time:
10am-4pm

The free event ties in with the launch of an outside space Play Trail, where you can discover some curious ways to interact with the nooks and crannies of our outside spaces. We love making reflections in the mirrors of the Planetarium, but where else can unexpected interactions be found?
**Other Bulletins that may be of interest:**

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