Inspiring growth
Through adventure
Coach Departs 10am Wednesday 6\textsuperscript{th} November

- Children come in at normal time – leave case and bags on stage.
- Medical forms with medicine/inhalers etc with Mr Eldin.
- Wave children off at 10am.
- They will need to bring a packed lunch for the Wednesday lunch time.

Coach returns approximately 2.15 pm on Friday November 8\textsuperscript{th}

- Children can be collected then and taken home or can remain at school until home time.
- Siblings only can be collected after the coach has arrived if desired!
Kit List:

Please see kit list provided.

Old clothes; towels; wash bag; wellies or walking boots; trainers; raincoat; warm tops eg hoodies, sweat shirts, t shirts; socks; pants; track suit bottoms (jeans can get heavy if wet); torch (optional); water bottle; cuddly toy

Black sack/plastic bags for wet clothes to take home

Please name things you definitely want to see again!
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Sleeping Arrangements: 6 to 8 in a room. Staff will decide on those nearer the time. High expectations of cleanliness, noise levels etc
Food

Breakfast

Lunch: Packed lunch

Tea: Sausages, mash and peas; pasta bolognaise
Inspiring growth through adventure
<table>
<thead>
<tr>
<th>Session</th>
<th>Time</th>
<th>Parson Street Primar 1</th>
<th>Parson Street Primar 2</th>
<th>Parson Street Primar 3</th>
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<tr>
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<td>Wednesday 06 Nov</td>
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<tr>
<td>Wed</td>
<td>13:15 - 14:45</td>
<td>Crate Stack</td>
<td>Introduction to Bush Craft</td>
<td>Tunnels</td>
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<tr>
<td>Wed</td>
<td>15:00 - 16:30</td>
<td>Climbing Wall</td>
<td>Navigation</td>
<td>Rocket Science</td>
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<tr>
<td>Wed</td>
<td>19:00 - 20:30</td>
<td>Night Hike</td>
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<td>Thursday 07 Nov</td>
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<tr>
<td>Thu</td>
<td>09:15 - 10:45</td>
<td>Bridge Building</td>
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<tr>
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<td>Thu</td>
<td>19:00 - 20:30</td>
<td>Camp Fire &amp; Games</td>
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<td>Friday 08 Nov</td>
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</table>
A place of safety

AALS
LOTC
Experienced staff
Risk assessments
DBS checks
Health and safety

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A place of learning

Team work
Confidence building
New challenges
New skills
Caring staff

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A place of fun
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Archery
Bridge Building
Bush Craft
Low Ropes
Team Building
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A place of encouragement

Biking
Crate Stack
Geo Caching
Navigation
Rocket Science

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Canoeing
Kayaking
Raft Building
Canoe Bivi
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Abseiling
Climbing wall
Caving
Rock Climbing
Mountain days

R O C K
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Through adventure