Dear Parents/ Carers,

**RE: HEALTHY WEEK**

We would like to tell you about our arrangements for this year’s healthy week which is 9th July – 13th July.

Each morning from 8:20am we will have the Junior Gym in before school. This is only available for KS2 children. The children should come dressed in their ‘gym clothes,’ but change into their school uniform afterwards.

**Tuesday 10th July** – We are going to do our own Race for Life event for Cancer Research. It has been something that has touched too many of us this year and both children and staff have wanted to support this cause. KS2 Children will get the opportunity to walk/run on the 5 Pitts trail and KS1 children will do several laps of the school playground. We have set up a Just Giving page to support this event, so you can sponsor your child/children. We would like to raise a healthy amount for this good cause.

https://fundraise.cancerresearchuk.org/page/newton-primary-school-1

**Wednesday 11th** - Year 5 Festival of Sport at Tibshelf Community School. All Year 5 children will be attending this event. More details to follow.

**Thursday 12th July** – Sports Day. In true Newton tradition we will have a whole day of Sports which Parents are welcome to join us for in part. We will be having a go at various sports in the morning in our teams and then we will have the competitive element in the afternoon. This way every child gets a chance to shine. Parents are invited to come between 10- 11:45 and/or 1:30 – 3:20pm. Lunchtime runs as normal so we do need to ask visitors to go leave at 11:45am and return (if you wish) at 1:30pm. As ever we would like to see as many of you as possible.

Throughout the week we will also be looking at healthy eating and snacking as well as the effect exercise has on us. It looks like it will be a good week and I hope you will join in as much as you can!

Many thanks for your support with all these events,

Mrs. Sarah Hughes and Mrs. Holly McGuire