Dear Parents/Carers,

At Milton Hall we value PE and physical activity and aim to promote healthy lifestyles. Through PE lessons we aim to provide the opportunity for all children to improve skills, fitness and coordination as well as learn to work effectively as part of a team.

In our school policy it states that all children should have an appropriate PE kit. Kit should be in a bag containing a t-shirt, a pair of shorts, a pair of plimsolls or trainers and a pair of tracksuit bottoms to wear in cold weather. All items of PE kit should be clearly marked with your child’s name and be in school every day during term time. It also states that children must not wear any jewellery during PE.

At Milton Hall, children are permitted to wear studded earrings only, not hooped earrings or low hanging earrings. However, before taking part in any form of PE, the children should remove studded earrings as a safety precaution. Staff are not able to remove earrings for a child. If a child’s earrings cannot be removed (because they have recently had their ears pierced) then tape must be used to cover the earrings including the backs.

We would advise that, if earrings can be taken out, children should practise this at home themselves or arrive to school on PE days without earrings in. This will ensure that all children can regularly take part in PE lessons safely.

Unfortunately, if a child is wearing earrings that are not taped and cannot be taken out, they may not be permitted to join in with the PE lesson.

Children are not permitted to wear earrings (with or without tape) at any Southend School Sports Competitions or at swimming lessons, if earrings are worn they will not be able to take part. This is in line with the policy of the SPSSA, the organisation that runs competitions across Southend, and Garon Park Swimming Centre.

Thank you in advance for your support and cooperation.

Mr Spence