KS2 Summer Learning Project
Part 1: Wellbeing

Over the past few weeks, everyone has experienced a significant change in their lives and for all children this will have been unsettling. You may find the following activities and resources useful when discussing any worries or anxieties about returning to school.

Try a Cosmic kids- Peace Out guided Relaxation activity

Make your own courage jar

Do an activity that will get your step count up
Go for a walk and try identifying the types of trees. Here’s how.

Go for a ‘senses walk’. Keep pausing and noting what amazing things you: smell, hear, feel, taste and see.
This summer learning project focuses on supporting your child with transitioning to their new class. It will give them the opportunity to reflect on their time in their current class, discuss their favourite memories and achievements whilst also considering their hopes and dreams for the next academic year.

### Transition Activities

| MEMORIES | Starting a new academic year is a time for your child to say farewell to current teachers and classmates and hello to many new faces. It is important for your child to cherish their favourite memories. Ask your child to create a drawing or art piece of their special memory and frame it in a hand-made photo frame. They may choose to draw a favourite lesson, a funny moment with friends, a school trip, their favourite teacher or a job role they were proud of. They may choose to decorate the photo frame provided or to craft their own using card. Click here for photo frame ideas. #TheLearningProjects. |
| ACHIEVEMENTS | Every child is unique and special. Over the course of the last year, your child will have achieved so much. Whether that's learning their times tables, swimming without armbands or having the confidence to put their hand up in class and offer an answer. Remind your child that an achievement is something that has been accomplished through great effort, skill, perseverance or courage then ask them to mind map all of their achievements this year, both in school and outside of school. Look at the mind map together and ask your child to identify their greatest achievement? Encourage your child to write about this special achievement. How did they accomplish this? What barriers did they face? Who helped them? They could record this as a story featuring themselves as the main character, a newspaper report or even write a rap! |
| SAYING FAREWELL | Ending the academic year can be a time that is full of mixed emotions for many children. However, whilst many aspects of school life change, many remain the same too. Spend some time with your child discussing all of the similarities and differences between their current class and the new class that they will be going into. For example, their lunchtime may remain the same or they will now get to learn how to play the violin. Following this, ask your child to record the similarities and differences in a table. A new year is also a great time to make new friends. Can your child create a poster that illustrates top tips for making friends and showing kindness? They could speak to family members or their own friends to gather some ideas first. |
| INDIVIDUAL QUALITIES | Art can be a great tool for self-exploration and self-expression. Encourage your child to create a piece of artwork which represents their personality and highlights their individual qualities. This could be a picture or something more abstract using materials available at home. Your child may find listening to their favourite music encourages their own expression. Once completed, ask your child to discuss their artwork with you. What did they want to represent in this piece? How did they try to show off their personality through their artwork? |
| GOAL SETTING | Setting goals is an excellent way for your child to try and achieve things that they might not think is possible. Goal setting will also help your child to improve their confidence and self-esteem when they see that they can achieve the target they’ve set. Create a ‘Wheel of Fortune’ together (see below). Use the headings: Learning, Friendships, Physical Challenge, Wellbeing and Family. Under each heading, ask your child to write a goal thinking carefully about how long it will take to achieve each goal, who or what can help them and any difficulties they may have to overcome. |

#TheLearningProjects
KS2- Transition

Below are some ideas of how your child could set out their work.

<table>
<thead>
<tr>
<th>MEMORIES</th>
<th>ACHIEVEMENTS</th>
<th>SAYING FAREWELL</th>
<th>INDIVIDUAL QUALITIES</th>
<th>GOAL SETTING</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Frame" /></td>
<td><img src="image" alt="Achievements" /></td>
<td><img src="image" alt="Saying Farewell" /></td>
<td><img src="image" alt="Individual Qualities" /></td>
<td><img src="image" alt="Goal Setting" /></td>
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</tbody>
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**Additional Learning Resources Parents May Wish To Engage With:**

- Tips and resources to support transition from Mentally Healthy Schools can be found [here](#).
- Childline wants to help bring out the best in your child through some [easy-to-do activities](#).
- The [BBC Bitesize website](#) has lots of helpful videos to support transition for both parents/carers and children.
- [Parentkind](#) provides handy hints to help prepare your child for their new class.

#TheLearningProjects
Complete the **summer reading challenge**.

Complete an activity from your **read a thon challenge pack**.

**For children moving up to **Y6**. Read the book 'The Explorer' by Katherine Rundell then complete some activities from the activity pack.**

On the next page, there are some instructions for your **History research project** to be completed over the summer holidays. Don’t forget to **bring your completed History project into school in September**, so that you can share your research with the rest of your class.
In Y5 our first History topic is Ancient Greece. Over the summer holidays I'd like you to prepare and present a project/presentation with the theme of Ancient Greece. Begin by selecting and researching an area of ancient Greek life that you are interested in, then present the information in a variety of ways.

Points to remember:
- You may handwrite or word process your project, or use a mixture of both.
- Include a variety of presentation techniques
- Make it interesting and attractive for readers to enjoy.
- Make sure the front page clearly states your title and your name.
- Include an introduction, conclusion, glossary

Helpful hints for your project/presentation
1. Select an area of Ancient Greek life that you are personally interested in
2. Spend time researching the topic thoroughly
3. Be selective about what you include
4. Vary your presentation by including things like:
   - Timelines
   - Maps
   - Lists
   - Pictures/illustrations
   - Diagrams
   - Newspaper articles
   - Artefacts
   - Quizzes
   - Diary entries
   - Related adverts
   - Games
   - Any fun, interesting or clever way of presenting what you have found!

Your project/presentation should be completed by September, you will be given the opportunity to present your research to the rest of the class. Prizes will be awarded for the best projects/presentations.
Knowledge organiser - Ancient Greece - What legacy did the Greeks leave behind?

Useful web links:
https://www.bbc.com/bitesize/topics/z87tn39
http://www.bbc.co.uk/schools/primaryhistory/ancient_greeks/greek_world/teachers_resources.shtml
http://www.bbc.co.uk/guides/z36j7ty
http://www.ancientgreece.co.uk/gods/explore/exp_set.html (The British Museum - Gods and Goddesses)
http://www.primaryhomeworkhelp.co.uk/Greece.html

Key Vocabulary

Acropolis - An acropolis is a fortified citadel within a larger city. It is usually located on top of a hill and at the centre of the city.

Assembly - In Athens the Assembly consisted of the group of citizens who showed up to vote.

Democracy - A form of government where citizens have a say in how they are ruled including choosing their leaders and deciding on laws.

Oligarchy - A type of government where the power is held by a few people.

Olympics - An athletic event held by the Ancient Greeks every four years.

Titans - The Titans were the first Greek gods.

Tyrant - The ruler of a Greek city-state like a king.

Timeline

<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
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<tbody>
<tr>
<td>2900 - 2000 BC</td>
<td>The Bronze Age when Early Aegean cultures start to emerge</td>
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<tr>
<td>2500 BC</td>
<td>The great Minoan civilisation</td>
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<tr>
<td>1200 BC</td>
<td>The Trojan War and the destruction of Troy</td>
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<tr>
<td>1050 - 750 BC</td>
<td>The Dark Ages of Greece</td>
</tr>
<tr>
<td>850 - 700 BC</td>
<td>Development of the first Greek Alphabet</td>
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<tr>
<td>776 BC</td>
<td>The First Olympic Games are staged</td>
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<tr>
<td>650 BC</td>
<td>The Rise of the Greek tyrants</td>
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<tr>
<td>600 BC</td>
<td>Greek Coin currency introduced</td>
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<tr>
<td>500 - 323 BC</td>
<td>The Greek Classical Period</td>
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<tr>
<td>490 BC</td>
<td>Greek/Persian Wars led by Xerxes</td>
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<tr>
<td>333 BC</td>
<td>Alexander the Great defeats the Persians at Issus and is given Egypt by the Persian Satrap</td>
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<tr>
<td>86 BC</td>
<td>The Roman General Sulla captures Athens</td>
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</table>
Ancient Greece - Concept map
Use the concept map to help you pick an area you would like to research.