Dear Parents

Gymnastics & Dance After School Clubs
Registration of Interest

We have been offered the opportunity to have dance and gymnastics classes as part of additional after school clubs, run by DanceBugs.

DanceBugs aim to build confidence, improve concentration and listening skills, improve flexibility, improve fitness and improve behaviour. All of these skills link into classroom and school life, as well as improving gross motor skills, social interaction, confidence and enhancing learning experiences.

The dance class would cover subjects such as freestyle, street, hip-hop and jazz. This is taught through the IDTA Dance syllabus, which allows children to learn dance techniques and routines. All of the classes are taught in a fun and friendly, pressure-free environment with positivity throughout.

The gymnastics class will be taught through British Gymnastic syllabus where they teach safe practice with skill such as forward rolls, bridges, cartwheels, handstands, shapes and balances; as well as other activities which will focus on flexibility and strength work.

**Further Details:**

Who can attend? Children from Reception up to Year 2

What is the cost? £4.50 per child, per session. This should be paid for a full-term upfront.

How long will the classes last? Each class will run for an hour from 3:30pm – 4:30pm.

Each class will contain no more than 20 children, and will be offered on a first come, first serve basis.

If you are interested in your child attending either of these clubs; please complete the slip below and return to school by **Monday 30 April 2018** in order to register your interest.

Further information will be sent out to interested parties in due course.

Yours sincerely

Miss Hickin
PE Co-Ordinator

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**Dance/Gymnastics After School Clubs**
**Registration of Interest**

Child’s Name: ____________________________________________  Class: __________________

I am interested in my child taking part in the following after school clubs:

- [ ] Dance Club
- [ ] Gymnastics Club

Further information will be sent in due course.

Parent Signature: ________________________________________  Date: __________________