Relationships and Sex Education POLICY

Longford Park School
Relationship and Sex Education (RSE) will be taught to promote the spiritual, moral, cultural, emotional and physical development of pupils at the school, in order to prepare for the opportunities, responsibilities and experiences of adult life. It encourages the acquisition of skills and attitudes, which allows pupils to manage their own relationships within a healthy lifestyle.

Our School’s policy on Relationships and Sex Education is based on the DfES document “Sex and Relationship Education Guidance” DfEE Guidance 0116/2000) this continues to be the recommended guidance under the current government (from 2013)

Definition:

It is the lifelong learning about physical, moral and emotional development. It is about understanding the importance of marriage and family life, stable and loving relationships, respect, love and care. It is also about teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate teaching (DfEE Guidance 0116/2000)

The RSE policy will be linked to the following policies:

- Confidentiality policy
- PSHE Policy
- Safeguarding Children Policy (including e-safety)
- Drug Education Policy
- Inclusion Policy
- Visitor Policy
- Anti-bullying Policy

THE RSE PROGRAMME AIMS

Longford Park School aims to provide young people with

We aim to develop in our pupils an understanding of the physical, biological, emotional, social, spiritual, legal and moral aspects of sex and sexuality. We teach RSE within the wider context of building self-esteem, emotional well-being, relationships and healthy lives beginning in the early years through to year 6. This prepares our pupils for the opportunities, responsibilities and experiences of adult life.

Exemplar KS 1&2 learning outcomes in relation to pupil maturity and age:

Attitudes and Values
- to learn the value of respect, love and care
- to learn to value and respect ourselves and others
- to develop an understanding and valuing of diversity
- to promote a positive attitude to healthy lifestyle and keeping safe
- to develop an understanding of the value of family life and an appreciation of the many different types of family.

Personal and Social Skills
- to learn how to identify and manage emotions confidently and sensitively
- to develop self-respect and empathy for others
- to develop communication skills with peers, school and family
• to learn how to assess risk and to develop strategies for keeping safe
• to develop the ability to give and secure help
• to develop an understanding of difference and an absence of prejudice.

Knowledge and Understanding
• to recognise and name the main external parts of the body including agreed names for sexual parts
• to know the basic rules for keeping themselves safe and healthy
• to know about human life processes such as conception, birth and puberty
• to develop an understanding of the physical and emotional aspects of puberty
• to know who can provide help and support

MORAL AND VALUES FRAMEWORK

At Longford Park School, Relationship and Sex Education (RSE) is underpinned by the ethos and values of our school and we uphold it as an entitlement for all our pupils. We recognise the need to work as a whole school community to ensure a shared understanding of RSE and the values underpinning it and to deliver an effective programme that meets the needs of our pupils.

Our school teaches RSE within the following moral and values framework based on the following principles:

• Selfrespect.
• Respect and tolerance towards others who may have different backgrounds, cultures, feelings, views and sexuality.
• An awareness of the way others feel.
• Mutual support and co-operation.
• Honesty and openness.
• The acceptance of the responsibility for and the consequences of personal actions.
• The right of people to hold their own views within the boundaries of respect for the rights of others.
• The right not to be abused by or taken advantage of by other people.
• The right to accurate information about relationships.
• The value of stable, loving relationships.

Content of RSE Programme

Longford Park School delivers RSE

• SEAL (social and emotional aspects of learning)
• Quality assured external agencies/visitors, who are used to enhance the RSE programme
• Where possible, taught or supported by a male and a female teacher.

The programme ensures that appropriate staff are able to talk confidently to individual pupils about RSE
Longford Park School teaches RSE through:

- A wide range of teaching methods will be used to enable students to actively participate in their own learning.
- Using a variety of active learning methods: quizzes, case studies, research, role play, video and small group discussion

RSE programme will be Assessed, Monitored and Evaluated

Assessment examples:
- Questionnaire
- Discussion
- Teacher assessments
- Students’ self assessment
- Staff assessment
- Evaluations will be used by the staff to inform future planning.

Monitoring
PSHE, including RSE is monitored through the school’s programme of lesson observations, book monitoring, etc. Teachers are required to keep their own personal evaluations which inform future planning.

Evaluation:
The programme is evaluated to ensure it meets the changing needs of the young people and reflects the views and values of the school community; this is carried out both by teachers and pupils.

Working with Parents and Carers
The school is well aware that the primary role in children’s RSE lies with parents and carers. We therefore wish to build a positive and supporting relationship with the parents of children at our school, through mutual understanding, trust and cooperation. To promote this objective, we:

inform parents about the school's RSE policy and practice;

- answer any questions that parents may have about the RSE of their child;
- take seriously any issue that parents raise with teachers or governors about this policy, or about the arrangements for RSE in the school;
- encourage parents to be involved in reviewing the school policy, and making modifications to it as necessary;
- inform parents about the best practice known with regard to RSE, so that the teaching in school supports the key messages that parents and carers give to children at home;
- make the RSE resources used in our lesson available for viewing.
- Up to date copies of this policy and the RSE curriculum will be available to parents on the school website. Parents will be given the opportunity to discuss any queries or concerns with either the class teacher or the PSHE subject leader.
- Parents have the right to withdraw their children from RSE lessons.
Specific Issues within RSE

a. What kind of language will be considered acceptable and appropriate for use in RSE lessons?

   All Staff will
   • Use the correct terms for all body parts as this is deemed good practice.
   • Openly teach pupils what 'slang' words mean (where appropriate), and that some are offensive.
   • Avoid the use of any slang.

b. Safeguarding:

   RSE may bring about disclosures of safeguarding children issues and all staff are conversant with the policies and procedures for reporting their concerns.

c. Confidentiality:

   As a general rule a child’s confidentiality is maintained by the teacher or member of staff concerned. If this person believes that the child is at risk or in danger, they talk to the named child protection coordinator who may or may not confer with the head teacher before any decision is made.

Working with outside agencies

Longford Park School may use the expertise of outside agencies Occasionally, appropriate and suitably experienced and/or knowledgeable visitors from outside school may be invited to contribute to the delivery of RSE in school. This will be in line with our Visitor Policy.