Tuesday 12\textsuperscript{th} May

Hopefully now you understand what sort of time you do everyday activities.

Today you going to learn about durations of time. This is how long it takes to do something or go somewhere.

Look at the clock before you start an activity and write it down. There is a sheet if you would like to use it. Look at the clock again when you have finished the activity. Write it down. Can you work out how long it took you to complete the activity.

\textit{For example:}

I started eating my breakfast at 7:30am, I had finished at 7:40am. How long did it take me to eat my breakfast?

The hour is still 7. The minutes have moved from 30 to 40. The difference between 30 and 40 is 10 mins. I took 10 minutes to eat my breakfast.

There are also some challenge sheets for those of you who are willing to give it a go! It's always good to challenge yourself.