These activities and ideas are based around the book “Supertato” By Sue Hendra & Paul Linnet.

All activities could be done without the book!
Other linked stories to read and enjoy. All our activities can be used with these books as well!
Growing potatoes!

Do you know how else potatoes are super? Well if you plant a sprout potato it grows more potatoes! This takes 100 days.
Talking Together

So first you will need to pick a potato that is sprouting – Have a look in your veggie rack. Plant your potato where you choose in a big pot or in the garden. If you don’t have soil you can still watch the potato grow by putting it in a jam jar.

Mark off the days on your 100 square day by day. When you get to 100 see how many potatoes you have!

There is one on the next slide for you.

Also did you know if you cut the top off a carrot and put it in a saucer of water you can make its shoots grow – looks a little like its growing hair!
Your Own Superhero

In the story “Supertato Veggies Assemble” all the veggies become super!
Why not make your own veggies at home into superhero’s?
Talking Together

Grown ups supply paper, card/glue or whatever you want to make your own super vegetables. Don’t forget your superhero cape!

Give your super veggie a name.

Can you take a picture and list your veggie’s super powers.

What might these be?

For example,

1. Super squishing power.
2. Power to make people smile.
3. Super tickler!
Talking Together

Or...would you prefer your veggies to be evil like the pea - a villain!

What would your evil powers be?

Let us know.