No Playdoh? Why not have a go at a Playdough Recipe?

**Ingredients**
- 1 cup of plain flour
- 1 cup of water
- 1 tablespoon cooking oil
- 2 teaspoons cream of tartar
- half a cup of salt
- food colouring (optional)

**Method 1 - Saucepan**
Place all the ingredients in a saucepan at a low heat. Stir continuously until the mixture thickens to a firm dough texture.

**Method 2 - Microwave**
Place all the ingredients in a plastic container and cook for one and a half minutes in a microwave. Stir the mixture and microwave again for one minute.

**Why Make Your Own Dough?**
Making dough is simple and much cheaper than buying it.

**Using Play Dough**
Dough can give children an opportunity to discover how a soft, stretchy material can behave. At first they will be happy just to handle the dough. It can be a soothing and relaxing activity.

Children always enjoy play cooking, so provide rolling pins, plastic cutters and plates.

**Storing Play Dough**
Store the dough in an airtight container such as a plastic bag or box, and keep it in the fridge. Like this the dough should keep for up to 2 weeks.