Portland Outdoor Centre

Year 5 - 2020
Update...

At this time, myself, Mrs Griffiths and Mrs O’Brien are not able to confirm either way whether this residential trip will go ahead. This is a challenging time in many respects and we will give you further updates as and when we know more.

I know some parents are concerned about the deposits they have paid. Mrs Poulter is looking into whether refunds will be issued if we are unable to go. We will also update you on this when we know more.

If the trip cannot go ahead there are other options we will explore, such as rebooking. Please be assured that when we have more information, we will share it with parents.

Miss Cullen
23/3/2020
Location

- Portland Outdoor Centre is located in Dorest
- Travel time is approximately 2 ½ hours with one stop.
- https://portlandoutdoor.co.uk/
Before we leave…

- Ensure that your child has the correct kit for the trip (see kit list).
- Ensure you have provided us with any medication your child may need while away (name and dosage on bag) and that you have also informed us of any other events that may occur e.g. sleep walking etc.
- If your contact numbers have changed since you last completed the booking form please let us know the new numbers ASAP.
- Please get your children to help pack their suitcase as it is vital that they know where everything is!
- No phones, Ipads, tablets or any other electronics
- Cameras are children’s responsibility
- £10 maximum spending money in coins, not notes please
- No sweets - snacks provided
The centre advises against bringing expensive clothes due to the nature of the activities. It also advises against bringing jewellery. Some of these items will be more weather dependent than others.

<table>
<thead>
<tr>
<th>Item</th>
<th>Item</th>
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</thead>
<tbody>
<tr>
<td>Waterproof jacket</td>
<td>Water bottle (1L ideally)</td>
</tr>
<tr>
<td>Waterproof trousers</td>
<td>Torch</td>
</tr>
<tr>
<td>Closed toe shoes for water activities (old trainers are best)</td>
<td>Sun cream and hat</td>
</tr>
<tr>
<td>Gloves</td>
<td>Insect repellent</td>
</tr>
<tr>
<td>Swimming costume/shorts</td>
<td>Towel</td>
</tr>
<tr>
<td>Toiletries</td>
<td>Pyjamas</td>
</tr>
<tr>
<td>Underwear</td>
<td>Lots of socks</td>
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<tr>
<td>Indoor/evening shoes</td>
<td>Casual clothes for evenings</td>
</tr>
<tr>
<td>Tshirts (short and long sleeve)</td>
<td>Warm, long sleeve jumpers</td>
</tr>
<tr>
<td>Long trousers (no demin, tracksuit bottoms and leggings)</td>
<td>Shorts</td>
</tr>
</tbody>
</table>
Kit list...

There is no such thing as bad weather... just bad clothing - Alfred Wainwright

*Please make sure you child can apply their own sun cream and insect repellent.
Groups...

- Children will be split into 3 groups of ten for the activities with me, Mrs Hunter and Miss Lazar being group leaders.

- Sleeping will be in dormitory style rooms with bunk beds. There will be 4 children per room split by gender. Members of staff will be sleeping in their own rooms on the same corridor.

- Children will be asked to give the names of up to 3 children they would like to be with and can expect to be with at least 1 of those children.

- Children will find out the groups and sleeping arrangements on arrival at the centre.
The morning of the trip

- The coach is due to arrive by 9am for loading. We aim to leave around 9:15 – 9:30am.
- No school uniform!
- Children are to register in the classroom as usual (Suitcases to stay with adult on playground or under the shelter outside Year 2 if wet).
- Medication will be collected by Mrs Hunter; please ensure it is named and in a clear bag with instructions.
- Travel sickness pills may be taken prior to arriving at school and please don’t forget the to include travel tablets for the return within any medical bags.
- Hayfever sufferers - please ensure children have plenty of medication for the whole week.
- Please provide a packed lunch for this day.
On arrival...

- A message will be sent to school to inform you all of our arrival at around 11.30-12.00.

- We will be dropped off at the first location so that we can get straight on with the first activity. We will have our packed lunches there when we arrive. **Please make sure you have provided a pack lunch for this day.**

- At the end of the afternoon we will then go to the centre to be shown around, find our rooms and be briefed on health and safety. It will then be time for our evening meal.
Safety on site

- Our accommodation is manned 24 hours by staff.
- The instructors are fully qualified in all individual activities and all CRB checked.
- Duty Managers monitor the site 24 hours a day.
- We have the details of nearby doctors and hospitals.
Sleeping arrangements

- We are lucky enough to have the whole house to ourselves.
- Girls and boys will sleep in separate rooms (4 per room)
- The majority of rooms are en suite. Those rooms which are not have access to a bathroom on the same floor as their bedroom.
- We do expect children to keep the dormitories clean and tidy – a points system will be in place to ensure this happens.
- We also expect the children to behave in an appropriate manner at all times as they are representing our school.
- Children will be expected to shower daily while we are there as some activities can get very dirty and there will be time available for them to do so.
Meal Time

- We will be allocated meal times on arrival.
- Breakfast includes a cooked option everyday along with cereals, toast and juice, tea and coffee.
- Lunch is normally a filled roll with a choice of fillings along with fruit, crisps, cake/chocolate and water.
- Evening meal is hearty comfort style cooking such as spaghetti Bolognese, cottage pie or roast chicken. All accompanied with a pudding.
- The centre regularly cater for a wide range of special diets, which we need to know in advance. Please ensure Miss Cullen is aware of any new dietary requirements ASAP so I can pass this onto the centre.
- Please do not pack any snacks, including sweets. Miss Cullen will be providing appropriate snacks throughout each day.
Activities

- Children will be participating in a range of activities during the week, here are some examples:

  *Climbing, weaselling, coasteering, D-day Museum visit, team building tasks, smugglers stories*

- Children will need to wear appropriate clothes for certain activities; following the kit list is vital!
Expectations

- As always, we have a high expectation of attitude and behaviour as will the centre staff.

- Safety is key and anyone who cannot behave appropriately will be asked to sit out of an activity.

- Please make sure you are contactable throughout the week in case of any issues, medical or otherwise.
The week will be a lot of fun and the children will thoroughly enjoy themselves.

All we ask that the children try their best and have a go; no one will be forced to do something that they don’t want to do.

We expect to return to school by 12.00pm on the Friday. Your child must be collected at 1pm after they have had time to eat their lunch.

Thank you for your support and enjoy your week!
What do you need to do now...?

- Please complete the form that has been uploaded along with this Powerpoint
- Begin to look at the kit list
- Talk to your child about the 4 names of children they would like to be in a dormitory with. Please ensure that they know that it is separate rooms for boys and girls and that Miss Cullen can only guarantee that they will get one of their choices. Please also encourage them to make sensible choices.
- Make sure the office has your most up to date contact details.