Go on a Listening Walk! You could go around your house or an outside area with an adult and practise listening carefully to all the different sounds you hear. Talk about what you heard. Did you recognise all the sounds? Were they loud or quiet? Were they long or short sounds?

Make a collection of your own noise makers. Think about lots of different things that make a sound and gather them together in a box or bag. Use one of the objects to make a sound for others to guess and identify. You could include things like crisp packets, keys, coins in a pot, a rattle or a squeaky toy.

Play the game ‘I Hear with My Little Ear’! Take it in turns to imitate the sound of something and guess what makes that sound. You could imitate the sounds of things found around your house, like a clock or a telephone, or of recognisable animals, like a cat or dog.

Talk about sounds you like and sounds you don’t like and why. Draw some pictures of things that make sounds that you like – for example, birds singing, the sea or a doorbell.