UNDER 18 AND HAVE SOMETHING ON YOUR MIND?

Come and talk to us about how you’re feeling. We’re here to listen and support you.

**Beam:**
Your emotional health and well-being service.
About Beam Sandwell

Sometimes talking about how you feel isn’t easy.

Beam Sandwell is a friendly place to spend time, play games and talk to someone about how you’re feeling if you want to. It’s your time, your choice and you don’t need to make an appointment – just drop in.

Hundreds of young people say they felt better after talking to someone at Beam. We can help you too.

Where you can find us

Our drop-in services are located across the Sandwell area:

Mondays
1pm – 4.30pm
at Community Link,
Cradley Heath
B64 5AH

Tuesdays
2.30pm – 5pm
at Langley Park
Lodge, Oldbury
B69 4SL

Wednesdays
2pm – 6pm
at ‘The Mezz’,
Hawthorn’s House,
Smethwick B66 1EL

We sometimes provide mobile pop-up services too.

Visit childrenssociety.org.uk/BeamSandwell
@BeamSandwell
Or email AskBeam@childrenssociety.org.uk

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