Eastcroft Park
Primary School
Sex and Relationship Policy

Review frequency: Governing body free to determine.
Approval: Governing body free to delegate to a committee of the governing body, an individual governor or the head teacher.

Statutory policies for schools
Advice on the policies and documents that governing bodies and proprietors of schools are required to have by law
September 2014
Introduction

The governors and head teacher have adopted the following policy concerning the teaching of sex education and related matters. They have consulted staff, parents and children about the programme outlined in the policy and taken account of their views.

We are committed to keeping this policy under review. The views of staff, parents and children are taken into account whenever changes are introduced.

1. Aims

The aims of sex and relationship education (SRE) at Eastcroft Park school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

2. Statutory requirements

SRE is not compulsory in primary schools. However, primary schools are required to teach the elements of sex education contained in the science curriculum.

If primary schools do teach SRE, they must have regard to guidance issued by the secretary of state as outlined in section 403 of the Education Act 1996.

At Eastcroft Park Primary School we teach SRE as set out in this policy.

3. Definition

SRE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

SRE involves a combination of sharing information, and exploring issues and values.

SRE is not about the promotion of sexual activity.

5. Delivery of SRE

SRE is taught within the personal, social, health and economic (PSHE) education curriculum. Biological aspects of SRE are taught within the science curriculum, and other aspects are included in religious education (RE).

Pupils also receive stand-alone sex education sessions delivered by an experienced teacher and trained health professional.

Across all Key Stages, pupils will be supported with developing the following skills:

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
• Recognising and maximising a healthy lifestyle
• Managing conflict
• Discussion and group work

These skills are taught within the context of family life.

4. Roles and responsibilities

4.1 The governing board
The governing board will approve the SRE policy, and hold the headteacher to account for its implementation.

4.2 The headteacher
The headteacher is responsible for ensuring that SRE is taught consistently and for managing requests to withdraw pupils from components of SRE (see section 5).

4.3 Staff
Staff are responsible for:
• Delivering SRE in a sensitive way
• Modelling positive attitudes to SRE
• Monitoring progress
• Responding to the needs of individual pupils
• Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory components of SRE

Staff do not have the right to opt out of teaching SRE. Staff who have concerns about teaching SRE are encouraged to discuss this with the headteacher.

4.4 Pupils
Pupils are expected to engage fully in SRE and, when discussing issues related to SRE, treat others with respect and sensitivity.

5. Parents’ right to withdraw
Parents or carers may withdraw their children from specific sex education lessons that fall outside the Science National Curriculum requirements. They will be informed of such lessons in advance, and are welcome to borrow the resources used by the school (typically videos and worksheets).
Alternative work will be given to pupils who are withdrawn from SRE.

6. Training
Staff are trained on the delivery of SRE and it is included in our continuing professional development calendar.
The headteacher will also invite visitors from outside the school, such as school nurses to provide support and training to staff teaching SRE.