PLAS DOL-Y-MOCH PERSONAL EQUIPMENT,
CLOTHING AND INFORMATION

A. THESE ITEMS WILL BE PROVIDED BY THE CENTRE

- Boots
- Rucksacks
- Waterproofs
- Specialist Equipment (for climbing, canoeing, etc.)

B. ESSENTIAL ITEMS FOR TRAVELLING, EVENING AND GENERAL USE

- Coat (marked with your child’s name)
- Socks - bring plenty
- 1 set casual clothes
- Underclothes (bring plenty!)
- Shoes / Trainers
- Nightwear
- 2 Towels (1 large)
- Plastic carrier bag for dirty washing.
- Personal Washing Gear (including soap, toothpaste, shampoo) Do NOT bring wetwipes as these can cause problems with blocked drains etc

Please bring a soft holdall or a small suitcase, as we do not have room for large suitcases, especially rigid or “hard cases”.

C. ESSENTIAL ITEMS FOR ALL COURSES

The nature of the activities may be hard wearing on students’ clothes so they are advised to bring old items from the following list.

- 2 pairs of Trainers (including 1 old pair)
- Warm Hat (Winter)
- Sun Hat (Summer)
- Minimum - 3 pairs trousers/tracksuit bottoms
- Gloves (Winter)
- Minimum - 3 long sleeved fleeces
- T Shirts (plenty)
- Minimum - 3 pairs of thick socks

Jeans are okay for travelling but not for activities.

D. OPTIONAL ITEMS

- Books
- Water Bottle
- Notebook
- Pens / Pencils
- Disposable Camera

E. ITEMS TO BE LEFT AT HOME

For health and safety reasons you must NOT bring –

- Any mains electrical equipment including hairdryer, kettles, irons, heater etc.

- Chewing gum / Food supplies - The Centre provides all food and there is a tuck shop.

- Mobile phones should not be brought, they are unnecessary, disruptive, unsafe and could hinder an emergency (Dol-y-Moch staff carry mobile phones). The Centre has a strict code of use for mobile phones and reserves the right to confiscate phones and return them to parents.