CLOTHING & EQUIPMENT

• Children will need to come dressed comfortably and appropriately for the weather on the day. Clothes may get muddy / messy during the visit.

• Sturdy footwear is essential. Not plimsolls or sandals, but closed toe shoes and/or boots and long trousers are recommended all year round.

• A plastic bag to sit on for picnics.

• In the summer, children will need sun hats, sun cream and extra water to take out on site.

• In the winter children will need warm clothes, preferably walking shoes/boots and waterproofs (including trousers if they have them) and a raincoat. Wellingtons can be very uncomfortable on long walks and feet can get very chilly without thick socks.

• A packed lunch with plenty of water (no glass bottles please) and packed in a small rucksack, which allows hands free to do the work.

• We will aim to be out in the weather for much of the day as possible, except in strong winds or storms.

DIRECTIONS

The Ashdown Forest Centre is one mile from Wych Cross, directly opposite the Ashdown Park Hotel.

From Forest Row Village, travel in a southerly direction along the A22, turn left at the traffic lights at Wych Cross (where the garden centre is) and proceed down this road, where you will find the centre on the left hand side.

From the school please allow approx 25 minutes travelling time.

ASHDOWN FOREST CENTRE
Wych Cross, Forest Row, East Sussex, RH18 5JP
01342 823583

DORMANS LAND IN THE WOODS

Ashdown Forest Outdoor Enrichment Project
There is increasing concern nationally about the declining opportunities for outdoor learning and low levels of understanding about food, farming and sustainability issues among young people. With this in mind, schools are being encouraged to consider ways in which they can incorporate a greater element of outdoor learning experiences for all children in their care. The benefits of outdoor learning and experience will include learning about nature; society, nature-society interactions and oneself. Outdoor education involves working with others, developing new skills, undertaking practical conservation and influencing society. The intended outcomes of such experiences can encompass new knowledge and understanding, attitudes and feelings, values and beliefs, activities or behaviours, personal and social development.

### DATES FOR YOUR DIARY

The 'forest day', which will always be on a Wednesday, starts at 9.30am and finishes at 2.30pm, when children should be collected.

#### Year 1 Dates:
16th November, 18th January, 8th March, 26th April and 28th June.

#### Year 2 Dates:
9th November, 11th January, 22nd February, 19th April and 21st June.

#### Year 3 Dates:
23rd November, 25th January, 15th March, 10th May and 14th June.

#### Year 4 Dates:
12th October, 30th November, 8th February, 22nd March, 17th May and 12th July.

#### Year 5 Dates:
2nd November, 8th February, 29th March, 7th June and 19th July.

#### Year 6 Dates:
19th October, 14th December, 1st February, 1st March, 3rd May and 5th July.