St Catherine’s Hospice – So no one has to face death and loss alone

St Catherine’s Hospice is a local charity at the heart of the community. We help families do the things they love as long as they can. Art often plays a really important part in the physical and emotional care we provide.

Health to Heart gives our community the chance to enjoy a trail of over 25 individually designed heart sculptures across the areas where we care for people. Each heart is unique and created by a local artist. Head out on the trail and see if you can find them all!

Thank you
A heartfelt thank you to all our amazing sponsors...

Download our free app!

Let’s have a Heart to Heart...

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Get Involved

There are loads of fun activities for you to enjoy in the Heart to Heart Hub at County Mall in Crawley and along the trail this summer. Grab your friends and family, get together and get creative!

- Upcycling
- Dance Workshops
- Pottery Painting
- Origami
- Postcard Design
- Collaging
- Giant Dodging
- Live music

And much more! For a full list of everything that’s going on visit: www.stch.org.uk/heart2heart

Feel the Love!

Take the spirit of Heart to Heart to your home, work or school. There are lots of fun ways to get involved and raise funds for your local hospice.

- Hold a Queen of Hearts bake sale with delicious heart shaped cakes and biscuits
- Wear your heart on your sleeve and have a themed dress down day at work
- Use your creative skills to make and sell things like birthday cards or knitted hearts

For help and more ideas email: comfun@stch.org.uk

Have a Heart!

Farewell Exhibition, 25 – 26 October 2019, Effingham Park Hotel
Join us for a heart warming farewell to the Heart to Heart trail. This is the only chance to see all of our stunning hearts in one location, at the historic and charming Effingham Park Hotel.

Secret Heart
The Secret Heart Exhibition is an art walk with a twist! A series of one-off pieces of art, designed on a postcard, and including a heart shape or image, will be on display. You’ll have the chance to ‘bake your heart’ and purchase a design to be yours forever, but you will only discover the artist once you’ve bought it. It could be a patient at St Catherine’s Hospice, a member of the public, a local artist or a celebrity!

Tickets to the Farewell Exhibition are limited and expected to sell fast, so make sure you buy early. Buy your tickets at: www.stch.org.uk/events

Exclusive Auction, 30 October 2019
Your chance to take one of our fantastic hearts home with you. Join us for a very special night of our live auction. Enjoy entertainment, drinks, canapes and meet our incredible artists.

More information at: www.stch.org.uk/heart2heart