Dear: Parents/ Carers

I am writing to introduce to you, my after school karate club, Kazokudai Karate.

Many people think karate is about smashing bricks, one-inch death punches and screaming 'Eeee - yah! '. But it's not. (Except the screaming it's called a Kai.)

Our after school club programme aims for pupils to get involved in martial arts and to gain an introductory knowledge of karate. These classes are structured in such a way that children have fun while learning a valuable life skill.

Children who take up karate aren't just learning cool moves, they are also learning how to honour authority.

We have found that students learning karate become more confident individuals, as karate not only promotes self confidence it builds character but also teaches discipline and most importantly teaches self defence.

We teach non contact karate with children so it educates them to exercise control and self restraint, therefore teaching them not to bully or be bullied. While karate may seem like an intensely physical act, its anything but aggressive. In fact martial arts instils defensive techniques along with non violent resolution skills. From the classroom to the playing fields, children learn how to listen and resolve conflict in a non violent way and get along with others.

Class time: Friday 15:30 - 16:30
Where: Croft Community Centre
Croft C of E Primary School
Brookes Avenue,
LE9 3GJ

Thank you for your time,
Bianca Webb