## Crescent Primary & Nursery School

**Spring & Summer 2020 Menu Week 1**

**Week Commencing:**
- 24 Feb, 16 Mar, 6 April,
- 27 April, 18 May, 8 June,
- 29 June, 20 July

### Available Daily:
- Best of both bread Gluten and Soya
- Seasonal vegetables available daily
- Coleslaw egg when served
- Vegetarian meals available upon request

### Monday
- Margherita pizza & new potatoes
  - Milk & Gluten
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk & Egg & Fish
- **OR**
- Filled roll with cheese, ham, egg or tuna mayo & mixed salad
  - Milk & Egg & Fish & Sesame
- **DESSERT**
  - Strawberry mousse & fruit
  - Milk

### Tuesday
- Venison burger in a wholemeal bun & carrot fries
  - Soya Milk & Egg & Gluten & Sesame & Sulphur Dioxide
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk & Egg & Fish
- **OR**
- Filled roll with cheese, ham, egg or tuna mayo & mixed salad
  - Soya Milk & Egg & Fish & Gluten & Sesame
- **DESSERT**
  - Chocolate & orange cookie & milkshake
  - Milk & Gluten

### Wednesday
- Tuna & sweetcorn pasta & garlic bread
  - Milk & Fish & Gluten
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk & Egg & Fish & Gluten & Sesame
- **OR**
- Filled roll with cheese, ham, egg or tuna mayo & mixed salad
  - Soya Milk & Egg & Fish & Gluten & Sesame
- **DESSERT**
  - Strawberry Eton mess
  - Milk

### Thursday
- Nottinghamshire sausage, Yorkshire pudding, mashed potatoes & gravy
  - Milk & Egg & Gluten & Sulphur Dioxide
- Filled roll with cheese, ham, egg or tuna mayo & mixed salad
  - Soya Milk & Egg & Gluten & Sesame
- **OR**
- Nottingahmshire sausage, Yorkshire pudding, mashed potatoes & gravy
  - Milk & Egg & Gluten & Sulphur Dioxide
- **DESSERT**
  - Fruit salad
  - Milk

### Friday
- Fish finger wrap & diced potatoes
  - Fish & Gluten
- Jacket potatoes with cheese, beans or tuna & mixed salad
  - Milk & Egg & Fish
- **OR**
- Filled roll with cheese, ham, egg or tuna mayo & mixed salad
  - Soya Milk & Egg & Fish & Gluten & Sesame
- **DESSERT**
  - Cheese, crackers & apple wedge
  - Milk & Gluten
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegan sausage roll, gravy &amp; jacket wedges</td>
<td>Spaghetti bolognese &amp; garlic bread</td>
<td>All day breakfast &amp; diced potatoes</td>
<td>Roast gammon &amp; pineapple with mashed &amp; roast potatoes</td>
<td>Salmon &amp; sweet potato fishcake &amp; oven chips</td>
</tr>
<tr>
<td>Soya Gluten</td>
<td>Milk Fish Gluten</td>
<td>Milk Egg</td>
<td>Milk Egg</td>
<td>Mustard Soya Milk Egg Fish Gluten Sesame</td>
</tr>
<tr>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
</tr>
<tr>
<td>Milk Egg Fish</td>
<td>Soya Milk Egg Fish Gluten Sesame</td>
<td>Milk Egg Fish</td>
<td>Soya Milk Egg Fish Gluten Sesame</td>
<td>Milk Egg Fish</td>
</tr>
<tr>
<td>Cherry ripple rice pudding</td>
<td>Raspberry pavlova</td>
<td>Butterscotch tart</td>
<td>Peach melba</td>
<td>Fruit salad</td>
</tr>
<tr>
<td>Milk</td>
<td>Milk Egg</td>
<td>Milk Gluten</td>
<td>Milk</td>
<td>Milk</td>
</tr>
</tbody>
</table>

**AVAILABLE DAILY:** Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw egg when served. Vegetarian meals available upon request.

**WEEK COMMENCING**
2 Mar, 23 Mar, 13 April, 4 May, 25 May, 15 June, 6 July, 27 July

**SPRING ≠ SUMMER 2020 WEEK COMMENCING**

**TASTE of NATURE**

**Crescent Primary and Nursery School**
## Spring Summer 2020
### Menu Week 3
#### Week Commencing:
- 9 Mar, 30 Mar, 20 April
- 11 May, 1 June, 22 June, 13 July

### Meals

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quorn dippers &amp; tabbouleh</td>
<td>Mediterranean chicken pasta &amp; crusty bread</td>
<td>Chicken tikka wrap &amp; savoury rice</td>
<td>Roast chicken, stuffing &amp; gravy with mashed &amp; roast potatoes</td>
<td>MSC Breaded fish &amp; mashed potato</td>
</tr>
<tr>
<td>Milk, Egg, Gluten</td>
<td>Milk, Gluten, Sesame</td>
<td>Celery, Milk, Gluten</td>
<td>Gluten</td>
<td>Fish, Gluten</td>
</tr>
<tr>
<td>Mediterranean tagliatelle &amp; crusty bread</td>
<td>Vegetable curry, rice &amp; naan bread</td>
<td>Mustard, Celery, Milk, Gluten</td>
<td>Quorn roast, stuffing, gravy, &amp; mashed &amp; roast potatoes</td>
<td>Milk, Egg</td>
</tr>
<tr>
<td>Gluten, Sesame</td>
<td></td>
<td></td>
<td>Milk, Egg, Gluten</td>
<td></td>
</tr>
<tr>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
<td>Filled roll with cheese, ham, egg or tuna mayo &amp; mixed salad</td>
<td>Jacket potatoes with cheese, beans or tuna &amp; mixed salad</td>
</tr>
<tr>
<td>Milk, Egg, Fish</td>
<td>Soya, Milk, Egg, Fish, Gluten, Sesame</td>
<td>Milk, Egg</td>
<td>Soya, Milk, Egg, Fish, Gluten, Sesame</td>
<td>Milk, Egg, Fish</td>
</tr>
<tr>
<td>DESSERT</td>
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</tr>
<tr>
<td>Raspberry ripple ice cream roll</td>
<td>Crispy jam tart &amp; custard</td>
<td>Pancake with frozen yoghurt &amp; orange</td>
<td>Butterscotch mousse &amp; banana</td>
<td>Fruit salad</td>
</tr>
<tr>
<td>Soya, Milk, Egg, Gluten</td>
<td>Milk, Gluten, Sulphur Dioxide</td>
<td>Milk, Egg</td>
<td>Milk, Egg</td>
<td></td>
</tr>
</tbody>
</table>

### Available Daily:
- Best of both bread, Gluten and Soya
- Seasonal vegetables available daily
- Coleslaw available daily
- Egg when served
- Vegetarian meals available upon request