Kit list for residential visit to Calshot Activities Centre

**Clothes - essential**
- Nightwear
- Underwear (plus extras)
- Socks (plenty of spare pairs)
- Thick socks for skiing
- Trousers x 4
- T shirts (plus spares)
- Long sleeved tops
- Jumpers/sweatshirts
- Thick, warm waterproof jacket
- Warm hat
- Woolly gloves x 2 pairs (required for skiing)
- Waterproof trousers, or trousers that can get muddy
- Trainers
- Shoes that can get wet or muddy
- Wellington or waterproof walking boots

*A small cuddly toy for bedtime*

**Other items – essential**
- Pillowcase, sheet and either a sleeping bag or single duvet cover (pillows and duvets are provided)
- Toothbrush/toothpaste
- Soap/shower gel
- Hair ties (for long hair)
- Towel
- Water bottle
- Camera (optional)
- Spare carrier bags for dirty/wet clothing

**A backpack or rucksack containing:**
- A named water bottle that can be refilled
- Spare jumper
- Waterproof coat

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We are away for 5 days. In the event of wet weather your child may need extra clothing. Almost all activities take place outdoors.

Jeans are **not** recommended as clothing to wear in wet conditions!

**PLEASE WOULD YOU MAKE SURE YOU NAME ALL KIT**

No electrical equipment other than a camera - this includes iPods, MP3s, hairdryers, mobile phones, games, torches or anything else! Cameras are the sole responsibility of your child.

No **food** is required as we will be very well fed.

**Jewellery (including earrings) or watches are not permitted for the trip**, as these cannot be worn during activity sessions.

No **money** is required.