The NSPCC’s *Speak out, Stay safe* programme is visiting our school to make sure our pupils have the knowledge and understanding they need to stay safe from abuse.

Dear Parents and Carers,

We are very pleased to tell you that we will be working with the NSPCC, the UK’s leading children’s charity, who will be delivering their *Speak out, Stay safe* programme here at school on Thursday, 12th March. This is a nationwide programme for every primary-school-aged child in the UK and the Channel Islands. With the help of their friendly mascot Buddy, they will be presenting an assembly to the children in our school as well as workshops for our pupils in Year Five and Year Six.

“NSPCC has helped me to build the confidence to tell people about my worries and problems.” Child’s feedback

**What is the *Speak out, Stay safe* programme?**

Through child-friendly, interactive assemblies and workshops their specially-trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and sexual abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for primary-school-aged children. By the end of their visit, we are convinced that children will feel empowered – knowing how they can speak out and stay safe.

“My daughter thought the volunteers were fantastic, really real people, very warm and friendly.” Sally, Prestatyn

If you would like any more information about the *Speak out, Stay safe* programme you can come in to speak to us or visit the NSPCC website [nspcc.org.uk/buddy](http://nspcc.org.uk/buddy)

**Talking PANTS with your children**

The NSPCC’s work in schools will help to encourage conversations about staying safe – and they have a number of child-friendly materials to help you to carry on the conversation afterwards. This includes ‘Talk PANTS’, a simple way for parents and carers to help to keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at [nspcc.org.uk/pants](http://nspcc.org.uk/pants)
If you would like to know more about the work of the NSPCC or to take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/parents

Yours sincerely,

Caroline Boyle                      Sarah Day
Headteacher                        Assistant Headteacher - (Safeguarding)