Dear Parents and Carers,

Practical advice, in order to reduce the potential spread of any germs or viruses, including those related to the Coronavirus.

In view of the continued publicity around the Coronavirus, please find below some useful information.

At school, we want to take the necessary practical steps to ensure that any germs or viruses are prevented from spreading. Good hand hygiene is the key and this must be taken seriously in order to minimise the spread of germs and viruses.

**Handwashing**

- Keep fingernails short so that germs do not survive under the fingernails.
- Follow the link below to watch a video that shows how to wash hands thoroughly. We will be sharing this with the children.
- We will also be encouraging children to use paper towels in the toilets rather than the hand-dryers

https://www.nhs.uk/live-well/healthy-body/best-way-to-wash-your-hands/

- Please ensure that children wash their hands before school.
- During the school day, children will wash their hands on entry, after each break and before and after lunchtime.

**Tissues**

- Children are being shown how to follow the ‘catch it, bin it, kill it’ approach as recommended by the NHS - (see the link below).
- They can bring their own small pack of tissues to school.


- If children have a cough, they should be encouraged to cough into their elbow, rather than put their hands over their mouths.
- Please also ensure that each child has their own named water bottle.

In school, additional daily surface cleaning is taking place and hand gels are provided in all classrooms and in key areas around the school. These come with the recommendation that they are used in addition to thorough handwashing and not as a replacement for this process.
It is very important that we take all of these practical steps in a calm and sensible way in order to look after our whole school community and to minimise the possible spread of any germs or viruses.

Remember that you can find the very latest information on the Coronavirus by following the link below:

https://www.gov.uk/coronavirus

Many thanks for your continued support in this matter.

Caroline Boyle
Headteacher

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