What should I do if I am being bullied?

DO:
- Tell a member of staff
- Come and talk to the playground buddies and use the buddy bench
- Tell your family or someone that looks after you
- Tell a prefect around school
- Tell your friends (if you wish)
- Put your worries in the ‘SAY NOW’ box
- Stay away from the bully and ignore them

DON’T:
- Keep your worries to yourself...no one will know to help you
- Bully them back
- Don’t fight them or argue with them

What should I do if I see someone else being bullied?

- Don’t just ignore it...tell an adult
- Don’t go and sort it out yourself...you might get in trouble
- Use the ‘SAY NOW’ box with your friend
- Don’t stay silent or the bullying will carry on!
- Be there for them and listen

We want to make school a safe and happy place for everyone

Brickhouse Primary School

Child friendly
Anti-Bullying Policy
Made by our Anti-Bullying steering group
(Our Anti-Bullying steering group meets termly to discuss all things Anti-Bullying at Brickhouse)
What is bullying?

Bullying can be:

**Physical:** Hurting people by kicking, hitting, punching on purpose

**Emotional:** Hurting peoples feelings and upsetting them

**Verbal:** Saying hurtful things, swearing at people for no reason

**Racist:** Making fun out of children because of their skin colour

**Cyber:** Using the internet and social media to send horrible messages

**Through a 3rd person:** Getting someone to do the bullying for you

When is it bullying?

**REMEMBER:**

**Several Times On Purpose**

We promise to always treat your bullying worries seriously

Who can I tell?

- Prefects
- Teachers and other staff
- Friends (if you wish to)
- Parents or family
- Carers
- SAY NOW box
- Lunchtime staff
- Playground buddies

We are proud of our Anti-Bullying work at Brickhouse because we rarely have reports of bullying incidents!