Blair Peach Primary School

World Mental Health Day
Thursday 10th October 2019

We are holding various events/activities to raise awareness and mark World Mental Health Day and find ways to help maintain good mental health for all. All funds raised will go to MIND charity.

Parents Workshop—9.00am
Mental health Wellbeing/Stress busting workshop with Roya Hamid, Dramatherapist, in the morning at 9am followed by a cup of tea and a chat.

Tea & Talk Afternoon
2.30pm—3.20pm
You are all invited to come along and join us for a cup of Masala tea and snacks!
Take time out of your busy day and come and join us before collecting your children after school.
£3 for tea and snacks