On a warm summer’s day in Sleaford, 12 of our Year 3 children attended the annual ‘Mini Olympics’ event. After leading the opening parade and watching some excellent musical performances from local schools, the sporting action got underway with a thrilling archery session with real bows and arrows. Many of our children showed an aim which Robin Hood would be proud of! This was followed by an outdoor version of boccia, before we sampled some martial arts.

We tried some basic tae kwon-do moves and kicks before putting on a judo robe for some fantastic fun on the mat. We worked in pairs, literally getting to grips with each other and taking turns to pin our partner down. Some managed to wriggle free but for others there was no escape! We tried the Asian running sport of kabaddi, trying to evade capture by the opposing team, before a well-earned rest, picnic lunch and ice lolly in the shade.

No time to hang around though, as the afternoon session soon began with some kwik-cricket followed by tennis, to get ourselves in the mood for the Test matches and Wimbledon. Then we moved onto a much higher net to try our hand at volleyball, another sport which was a completely new and enjoyable experience. Again we worked in pairs to catch the ball and return it over the net which was even taller than Mr James!

Next, yet another exciting new sport – ultimate frisbee. It was quite tricky trying to pass the disc to a team-mate in a game situation, although we really enjoyed it in the end and would love to play it again in PE at school. Onto the more familiar game of rounders, with some big hitting and plenty of rounders scored. Our final event was a popular one, as we took our turn to practise rolls, handstands and cartwheels on the long gymnastics mat. Between us, we showed many different types of ‘forward roll’; some very smooth and some a little ‘bumpy’!

At the end of a tiring but exhilarating day, we again led the closing parade before watching an excellent dance/acrobatics routine. Mr James’s water spray was cold but very refreshing as the day kept getting hotter. But what a fantastic day that we will never forget!