Captain Tom Moore is the ex-soldier who made headlines around the world in April 2020, when he set out to raise money for the National Health Service, by walking 100 laps around his garden. Not only did he raise an incredible amount of money, but he also broke several world records at the same time.

**Who is Captain Tom Moore?**

Captain Tom was born in Yorkshire on 30th April 1920. He was a soldier in the British Army and served in the Second World War. He currently lives in Bedfordshire with one of his two daughters and her family.

Captain Tom saw the hard work the hospital staff were doing, when he watched the news during the COVID-19 crisis. Because of this and because he had been well looked after in hospital himself, he decided that he wanted to do something to raise money for the National Health Service (NHS).

**Why 100?**

Captain Tom began his challenge as a 99 year old. He decided to walk 100 laps of his garden (10 each day), leading up to his 100th birthday, which was on 30th April 2020. He set himself a target of £1000, which he reached in a day. Captain Tom completed his laps with the aid of a walking frame.

By the time he finished the 100 laps, he had raised over 27 million pounds!

**Breaking Records**

With his story shared around the world, more and more people donated money and Captain Tom broke several records during his fundraising efforts.

He has raised more money from a charity walk than any other single person. He released a charity song, which became the highest selling single of 2020. He is the oldest person ever to have a song at number one in the charts.
Captain Tom completed his 100 laps two weeks before his birthday, so decided to increase the number of laps he walked to 200.
Captain Tom Moore is the veteran who made headlines around the world in April 2020, when he set out to raise money for the National Health Service, by walking 100 laps around his garden. Not only did he raise an incredible amount of money, but he also broke several world records at the same time.

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Did You Know...?

- Captain Tom completed his 100 laps two weeks before his birthday, so decided to increase the number of laps he walked to 200.
- The Royal Mail stamped every item posted during the week of his 100th birthday, with a special postmark with a message for Captain Tom.
- People have been inspired by his story and have sent him birthday cards. He had so many cards, they had to be stored in the local school hall.
- Captain Tom completed his laps, while wearing his three army medals.

Glossary

**veteran** An ex-member of the armed forces.
Captain Tom Moore is the veteran who made headlines around the world in April 2020, when he set out to raise money for the National Health Service, by walking 100 laps around his garden. Not only did he raise an incredible amount of money, but he also broke several world records at the same time.

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He has raised more money from a charity walk than any other single person. He released a charity song, with singer Michael Ball and the NHS Voices of Care Choir, which became the highest selling single of 2020 in the UK. He is the oldest person ever to have a song at number one in the charts.

The money raised will go towards helping care for people who have been discharged from hospital as well as toiletries and food for NHS staff.

Did You Know...?

- Captain Tom completed his 100 laps two weeks before his birthday, so decided to increase the number of laps he walked to 200.
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- People have been inspired by his story and have sent him birthday cards. He had so many cards, they had to be stored in the local school hall.
- Captain Tom completed his laps, while wearing his three army medals.
- A television documentary is being made about his life as a soldier.

Glossary

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<th>Term</th>
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<tr>
<td>veteran</td>
<td>An ex-member of the armed forces.</td>
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<td>toiletries</td>
<td>Items for personal care, e.g. soap, shampoo and toothpaste.</td>
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<td>documentary</td>
<td>A factual television programme.</td>
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1. How many laps of his garden did Captain Tom plan to walk before his birthday? Tick one.

- 100
- 200
- 1000
- 30

2. Draw lines to show when the events happened.

- Captain Tom began his challenge.  
  - 1st
- Captain Tom released a single.  
  - 3rd
- Captain Tom finished his 100 laps.  
  - 4th
- Captain Tom celebrated his 100th birthday.  
  - 2nd

3. How would you describe Captain Tom? Tick two.

- Determined
- Charitable
- Friendly
- Shy

4. Write True or False for each statement.

- Captain Tom wanted to raise £1000.
- Tom Jones released a single with Captain Tom.
- Captain Tom raised money for the NHS.
- Captain Tom used to be a soldier.
5. Find and copy one word that means amazing.

6. What does NHS stand for?

7. How do you think Captain Tom felt when he realised how much money he had raised? Explain your answer.
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5. Find and copy one word that means amazing.

incredible

6. What does NHS stand for?

National Health Service

7. How do you think Captain Tom felt when he realised how much money he had raised? Explain your answer.

Pupils’ own responses, such as: He must have felt proud that he had raised so much money. He would have been amazed that so many people had donated to his cause. He was surprised that so many people had supported him.
1. What does NHS stand for? Tick one.
   - [ ] New Hospital Staff
   - [ ] National Health Service
   - [ ] National Hospital Staff
   - [ ] Nurses & Health Staff

2. Draw lines to show when the events happened.

   - [ ] 1st
     - Captain Tom began his challenge.
   - [ ] 3rd
     - Captain Tom released a single.
   - [ ] 4th
     - Captain Tom finished his 100 laps.
   - [ ] 2nd
     - Captain Tom celebrated his 100th birthday.

3. How do you think Captain Tom felt when he heard how much money he had raised? Tick two.
   - [ ] Sad
   - [ ] Amazed
   - [ ] Disappointed
   - [ ] Humbled

4. Write True or False for each statement.

   - [ ] Captain Tom wanted to raise £1000.
   - [ ] Tom Jones released a single with Captain Tom.
   - [ ] Captain Tom raised money for the NHS.
   - [ ] Captain Tom used to be a sailor.
5. Read the paragraph ‘Why 100?’ Find and copy one word that means the same as help.

6. Fill in the missing words.
He is the __________ person ever to have a song at number one in the __________.

7. Why do you think Captain Tom wanted to raise money for the NHS?

8. Describe Captain Tom in two words and explain your choices.
1. What does NHS stand for? Tick one.

- [ ] New Hospital Staff
- [x] National Health Service
- [ ] National Hospital Staff
- [ ] Nurses & Health Staff

2. Draw lines to show when the events happened.

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Captain Tom Moore Answers

5. Read the paragraph ‘Why 100?’ Find and copy one word that means the same as help.

aid

6. Fill in the missing words.

He is the **oldest** person ever to have a song at number one in the **charts**.

7. Why do you think Captain Tom wanted to raise money for the NHS?

Accept any of the following: He wanted to show them his appreciation. He wanted to say thank you for looking after him and others. He was impressed with their hard work during a difficult time.

8. Describe Captain Tom in two words and explain your choices.

Pupils’ own responses such as:

- Determined because he didn’t give up.
- Brave because he was a soldier in the war.
- Generous because he raised money for charity.
Captain Tom Moore Questions

1. What does NHS stand for? Tick one.
   - New Hospital Staff
   - National Health Service
   - National Hospital Staff
   - Nurses & Health Staff

2. Number the events to show the order in which they happened.

   - Captain Tom began his challenge.
   - Captain Tom released a single.
   - Captain Tom finished his 100 laps.
   - Captain Tom celebrated his 100th birthday.

3. Find and copy the phrase that tells us Captain Tom set a new record.

4. Who did Captain Tom release a charity song with?

5. Fill in the missing words.
   The money ________ will go towards helping care for people who have been ________ from hospital.

6. Give two examples of how Captain Tom has raised money.

7. Describe Captain Tom in two words and explain your choices.
8. Why do you think so many people donated money to Captain Tom?
1. What does NHS stand for? Tick one.
   - New Hospital Staff
   - National Health Service  [Correct]
   - National Hospital Staff
   - Nurses & Health Staff

2. Number the events to show the order in which they happened.

   1. Captain Tom began his challenge.
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3. Find and copy the phrase that tells us Captain Tom set a new record.
   he also broke several world records

4. Who did Captain Tom release a charity song with?
   Michael Ball and the NHS Voices of Care Choir

5. Fill in the missing words.

   The money **raised** will go towards helping care for people who have been **discharged** from hospital.

6. Give two examples of how Captain Tom has raised money.
   - He walked laps around his garden.
   - He released a song for charity.

7. Describe Captain Tom in two words and explain your choices.
   - Pupils’ own responses such as:
   - Determined because he didn’t give up.
   - Brave because he was a soldier in the war.
   - Generous because he raised money for charity.
8. Why do you think so many people donated money to Captain Tom?

Pupils’ own responses, such as: They were amazed that someone of that age wanted to walk so far for charity. They wanted to show their support for the work of the NHS. They were impressed with his determination. People want to help each other during difficult times and this is a way they can do that.