**BOOKSTART - Booking only**

Bookstart is a programme designed to support 2 to 4 year olds and their families experience the joy of reading together.

**COURSE 1:** Thursdays, 16th, 23rd and 30th January 2020

**COURSE 2:** Thursdays, 5th, 12th and 19th March 2020

**Time:** 10am to 11am

The programme runs for 3 weeks. Each week the children will share a different story with their grown up and have access to many arts, crafts and activities based on the theme of our stories.

Bookstart is a highly recommended [free](#) course which will support your child’s early learning, language development and build their confidence around reading and listening to stories.

**You & your child must be able to attend all 3 sessions - Sorry no siblings**

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**BABY MASSAGE - Booking only**

A four-week course for parents and babies from 8-weeks old to non-crawling. The course aims to encourage and support bonding and attachment through nurturing touch.

**COURSE 1:** Thursdays, 16th, 23rd, 30th January & 6th February 2020

**COURSE 2:** Thursdays, 5th, 12th, 19th & 26th March 2020

**Time:** 1pm to 2pm.

Please note we require a £10 cash deposit at the time of booking in order to secure your place. This deposit is refunded to you upon full completion of the course.
MY OUTSPACE: EMPLOYMENT ONE TO ONE ADVICE CLINIC – Booking only

Monday, 20th January 2020
9.30am to 11.30am (Four half hour slots available)
If you would like information on accessing volunteering opportunities, CV writing or searching for a job then please speak to a member of the Children’s Centre team to book your half hour slot.

BABY 1ST AID - Booking only (Under 1’s only)
A one hour Baby Basics First Aid Class for parents with babies under 1 years of age – practical class including Baby CPR, Baby Recovery Position, Baby Choking and Febrile Convulsions
Thursday, 27th February 2020
Time: 10am to 11am
A cash deposit of £5 is required at the time of booking in order to secure your place. It will be returned to you upon attendance at the class.

GETTING YOUR CHILD READY FOR NURSERY WORKSHOP FOR 2 & 3 YEAR OLDS -Booking only
Is your Child due to start Nursery/Pre-School from April 2020? Starting Nursery/Pre-School is a big milestone so why not join us for this 5-week workshop where we will offer support, guidance and tips on getting your child ready for nursery/pre-school. This is a fun structured play session for you and your child with a different topic being covered each week – including routines, behaviour, reading with your child, toilet training, speech & communication and healthy eating.

Handouts will be available each week for these topics.
The course will take place on Mondays, 24th February, 2nd, 9th, 16th and 23rd March 2020
Time: 9.30am to 11am
**You & your child must be able to attend all 5 sessions - Sorry no siblings**